





Confectionary.

To preferne Pippyns red.

Akeyour best coloured Pippins and pare them, then take a percer and bore a hole through them, then

make fyrupe for them as much as will couer them, and so let them boyle in a broad preserving paniput into them a pece of Cynamon sticke, and so let them boyle close couered verie leasurely, turning them very often, for if you turne them not very often, they will por, and the one side will not bee like the other, and let them

A 2 thus

then take them vp and por them, and you may keepe them all the yeare.

To prefere Pippins white.

Ake faire large Pippins, and after Candlemas parethem, and borea hole through them, as you did for the red ones, then make a weake Syrope for them, and fo let them boyle till they be render, then take them vp, and boyle your fyrope a little higher , then put them vp in a Gally por, and let them Itand all night, and the next morning the Syrope will be fomething weaker, then boyle the Syrope againe to his full thicker elle, and fo pot them , and you may keepe them all the yeare. S If you please to have them taste a pleafant tafte more then the naturall Pippin, put in one graine of muske, and one droppe of the Chymicall oyle of Cynnamon, and that will

and Gentlewomen.

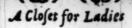
make them tafte a more pleasant tafte.

To preferne Pippins groene.

TAke Pippins when they be fmall and greene of the tree, and pare three or foure of the worst, and cut them all to pieces, then boyle them in a quart of faire water till they be pap, then let the liquor come from them as you do from your quodiniacke into abason, then put into theone poud of fugar clarified, and put into this as many greene Pippins vnpared as that liquor will couer, and so let them boyle fafely, and when you fee they be boyled as tender as a quodling, then take them vp, and pill of the outtermost white skinne, and then your Pippins will be greene, then boyle them in your Syrope againe till the Syrope be thicke : and so you may keepe them all the yeare.

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To preserve Apricockes.

Take a pound of Apricockes, and a pound of sugar, and clarysie your sugar with a pint of water, and when your sugar is made perfect, put it into a Preserving-pan, & put your Apricockes into it and so let them boyle gently, and when they bee boyled ynough and your Syrope thicke, pot them and so keepe them. In like maner may you preserve a Pear-plum.

To proferue Mirabolans or Malacadonians.

Take your Malacadonians and from them, and per boyle them in water, then pill of the outward skin of them, they will boyle as long as a paece of beefe, & therefore you need not feare the breaking of them, and when they be boyled tender make Syrope for them, and preserve them

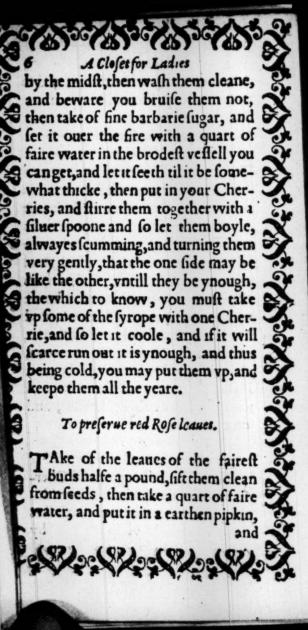
as you doe any other thing; and to you may keepe them all the years.

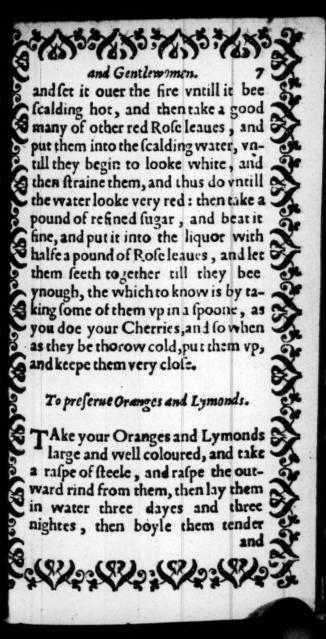
To preferve Pomcierons.

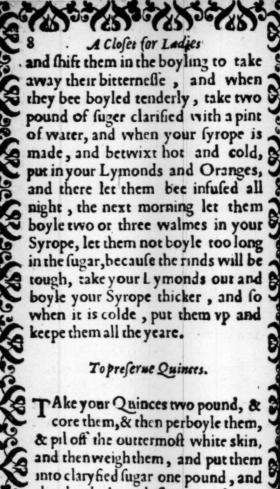
Take your Pomeitrons one pound and a halfe, and cut them form and halfes, some in quarters, and take the meate out of them, and boyle them tender in faire water, then take two pounds of sugar being clarified, and make Syrope for them, and let them boyle in syrope a quarter of an houre very gently, then take them vp, and let your Syrope boyle til it be thicke, and then put in your Pomeitrons, and you may keepe them al the yere. If you please you may pare some of them, for some delight the skin, and some pared.

To preferue Cherries.

TAke of the best and fayrest Cherries some two pound, and with a paire of sheeres clippe of the stalkes







then boyle them clofly couered vpon

and Gentlewomen.

a very gentle fire, putting vnto them
afticke or two of good Cynnamon,

a very gentle fire, putting vnto them a sticke or two of good Cynnamon, cut into small pieces, and softiere them continually that they may be well coloured on cuery side 2 and when the syrop is come to the height of a perfect gelly, take them off the fire, and so keepe them, for the higher your syrope is, the better will your Quinces keepe.

To preferve Peaches.

Take a pound of your fayrest and best coloured Peaches, and with a wet linnen cloth wipe of the white hoare of them, then perboyle them in halfe a pint of white wine, and a pine and a halfe of running water, and being perboyled, pill off the white skin of them, and then weigh them; take to your pound of Peaches, three quarters of a pound of refined sugar, and dissolue it in a quarter of a pint of white wine, and boyle it almost to

the height of a Syrope, and then put in your Peaches, and let them boyle in the Syrope a quarter of an houre or more if neede thould require, and then put them vp, and keepe them all the yeare.

To preferac Eringus Rooses.

TAke your Eringus Rootes fayre, and not knottie one pound, and wash them cleane, and when they be washed, set them on the fire, and boyle them very tender, pill off the outermost skinne of them, but fee you breake them not, and as you pare them put them into cold water, and let them remaine there till all be finished, and then you must take to enery pound of Rootes, three quarters of a pound of clarified fugar, and boyle it almost vito the height of a fyrope, and then put in your rootes, but looke that they boyle very gently together, with as little firring at

and Gentlemmen.

Solution

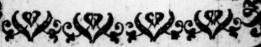
they be ynough: and when they bee cold, put them vp, and so keepe them.

To preserve Barberies.

Take your Barberies very faire and well coloured, and picke out every from of them, and then weigh them, and to every ounce of Barberies, you must take three ounces of hard sugar, and with halfe an ounce of the pulpe of Barberies, and one ounce of red Rose water, you must disolue your suger: and then boyle it to a syrope, being so boyled, put in your Barberies, and let them boyle a quarter of an houre, and then take them vp, and as soone as they begin to waxe coole, put them vp, and they will keepe their colour all the yeare.

The preserve Goof-berries.

The of your large Berries, but not thoroughly ripe, and picke off all the staulkes from them,



A Closet for Ladies
and wash them cleane, take a pound
of them, and set them on the fire,
till they bee hot, and then take them
off, and let the liquor run from them,
then take ten ounces of hard sugar,
and source ounces of suger Candie,
and charify it with a pint of water and
the white of an egge, and boyle it to
a thicke Syrope, and then put in your
Goos-berries, and let them boyle one
walme or two, and so betwixt hot
and cold, put them vp,& keepe them

To preferue Damfins.

all the yeare.

Take of your Damsins large and well coloured, but not thorough tipe, for then they will breake, and picke them cleane and wipe them one by one, then weigh them, and to every pound of damsins, you must take a pound of Barbery sugar white & good, & dissoluted in halfe a pint or more of water, and boyle it almost to the

and Genslewomen.

the height of a Syrope, and then put in your Damfins, keeping them with continuall feumming, and friring, and that with a filuer spoone, and so let them boyle untill they be youigh upon a gentle fire, and when they be youigh, take them up, & keepe them all the yeare.

To preserve Raspifes.

Take of your fayrest and well coloured Raspises, and picke of their
staulkes very cleane, then wash them,
but in any case see that you bruise
them not: then weigh them, and to
euery pound of Raspises you must
take sixe ounces of hard sugar, and
sixe ounces of Sugar-candy, & clarise it with halfe a pint of faire water, and source ounces of suyce of Raspises, being clarified, boyle it to a
weake Syrope, and then put in your
Raspises, stirring them vp and down,
and so let them boyle vntill they bee
vnough:

ynough: That is, vling them as your Cherries, and so may you keep them all the yeare.

To preferuc Enula Campana rootes.

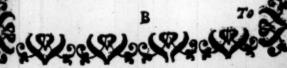
TAke of your Enula Campana rootes, & wash them, scrape them verie cleane, and cut them thin vnto the pith, the length of your little fingar, and as you cut them , put them into water, and let them lie in water thirtie dayes, shifting them twife euery day to take away their bitternes, weigh them, and to euery pound of rootes, you must take xij. ounces of clarified fugar, first boyling your rcotes as tender as a Chickin, and then put them into your clarified fugar, and let them boyle vpon a gentle fire, vntill they be ynough: and fo let them stand off the fire a good while, and betwixt hot and cold put them vp to your vie.

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To preferve Saterion Bostes.

TAke your Saterion Rootes, and picke out the faire ones, & keepe them by themselves, then wash them, and boyle them vpon a gentle fire, as tender as a quodling, then take them off, and pare off the blackest skinne of them, and put them as you pare them into faire water, and fo let them remaine one night and then weigh them, and to every pound of rootes, you must take xj. ounces of clarified fugar, and boyle it almost to the height of a syrope, and then put in your rootes, but take heede they boile not too long, for then they will grow hard and tough, and therefore when they bee boyled ynough, take them off, and fer them a cooling, and so keepe them according to the reft.

Heere endesh the Preservatives.



A Closet for Ladies To make Manus Christi. Ake halfe a pound of refined Suger, and some Role water, and boyle them together, till it come to fuger againe, then ftirre it about while it be somewhat cold, then take your leafe gould, and mingle with it, then cast it according to art, That is, in round gobbets, and so keepe them. To Candy Ginger. TAke very faire and large Ginger, and pare it, and then lay it in water a day and a night, then take your doublerefined fuger, and boyle it to the height of Suger againe, then when your fuger beginneth to bee cold, take your Ginger , and stirre it well about while your fuger is hard to the panne, then take it out race by race, and lay it by the fier for foure howers.

and Gentlewomen.

howers, then take a pot and warme it, and put the Ginger in it, then tye it very close, & every second morning stirre is about roundly, and it will be rocke Candied in a very short space.

To Candy Rose leases as naturally as of they grew your the Tree.

TAke of the fayrest Rose leaves, red or dammaske, and on a Sun-shine day sprinkle them with Rose water, and lay them one by one vpon faire paper, then take some double refined fuger, and beat it very fine, and put it in a fine lawne fearce, when you have layd abroad all the Rofe leaues in the hottelt of the funnt, learce fuger thinly all ouer them, then anon the Sun will candy the fuger, then turne the leaues, and fearce fuger on the other fide, and turne them often in the Sun, tometimes sprinkling Rose water, & fometimes fearling fuger on them, vntill they be ynough, and come to

your liking: and being thus done, you may keepe them.

To Candy Marigolds in wedges the Spanish fashion.

Take of the faire yealow Marigold flowers, two ounces, and
shred them, and dry them before the
fire, their take sources of suger,
and boyle it to the height of Manus
Christi, then poure it upon a wet Picplate, and between flor and cold, cut
it into wedges, then lay them on a
sheere of white paper, and put them
in a store.

To Candy all manner of flowers in their naturall colours.

Take the flowers with the stankes, and wash them over with a little Rose water, wherein Gum-arabecke is dissolved, then take fine fearfed suger, and dust over them, and set them

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and Gentlewomen.

a drying on the bottome of a fine in an onen, and they will glifter as if it were Suger-candy.

To Candy all fores of flowers, fruits, and spices, the claves rocke Candy.

Take two pound of Barbarie Suger, great grained, clarified with the whites of two egges, and boyle it almost as hie as for Manus Christi, the put it into a Pipkin, That is, not very rough, then put in your flowers, fruits and spices, and so put your Pipkin into a still, and make a small fire of small coales under it, and in the space of twelue dayes, it will be rocke candied.

To Candie Bringsu reotes.

TAke your Eringus ready to be preferued, and weigh them, and to euery pound of your rootes, you must take of the purest suger you can get, B 3 two

A Closet for Ladies two pound, and clarifie it with the whites of egges exceeding well, that it may be as cleere as Christall : for then it will be very commendable: it being clarified, you must boyle it to the height of Manus Chrifti, & then dippe in your rootes, two or three at once, till they be all candied, and fo put them in a Stow, and keepe them all the yeare.

To Candie Elecampane.

Ake of your fairest Enula Campa na rootes, and take them cleane from the Syrupe, and wash the suger offthem, and drye them againe with a linnen cloth, then weigh them, and to every pound of rootes you must take a pound and three quarters of fuger, and clarifie it well, and boyle it to the height of Manus Christi, and when it is so boyled, dippe in your rootes, three or foure at once, and they will candie very well, and fo and Gentlewomen.

stone them, and keepe them all the yeare.

To Candy Violet flowers.

TAke of your Violet flowers which are good and new, and wel coloured, and weigh them, to euery ounce of your Violet flowers, you must take foure ounces of refined fuger, which is very white and fairegrained, and dissolue it in two ounces offaire running water, and so boyle it til it come to sugeragaine, but you must soum it often, least it be not cleare ynough, and when it is boyled to fuger againe, then take it off, and let it coole, and then put in your Violet flowers, stirring them together till the suger grow hard to the pan : this done, put them into a boxe, and keepe them in a stoaue.

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A Clofer for Ladies

To Candy Goof-berries.

TAke of your faireft Berries , but they must not bee two ripe, for then they will not bee fo good , and with a linnen cloth wipe them verie cleane, and picke off all the ftaulkes from them, and weigh them, and to euery ounce of Berries, you must take two ounces of fuger, and halfe an ounce of Suger-candy, and diffolue them in an ounce or two of Rofe water, & fo boyle them vp to the height of Manus Christi, and when it is same to his perfect height, let it coole and put in your Berries, for if you put them in hot, they will fhrinke, and fo ftirre them round with a wooden fpatter, till they bee candied : and g thus put them vp and keepe them.

To Candy Resemanie flowers.

TAke of your Rosemanie flowers, readie pickt, and weigh them, to e-uery

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and Gentlewomen.

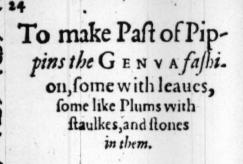
ucry ounce of flowers, you must take two ounces of hard suger, and one ounce of Suger-candy, and dissolue them in Rosemarie flower water, and boyle them till they come to suger againe; which done, put in your Rosemarie flowers, when as your su-

Rolemarie flowers, when as your suger is almost cold, and so stirre them together, vntill they be youngh, and then take them out, and put them in a boxe, and keepe them to your vse inyour stoaue.

To Candy Borrage flowers.

Take your flowers, & picke them very cleane, & weigh them, & vie them in enery respect as you did your rosemary flowers, saue this, that whe they be candied, you must set them in a still, & so keepe them in a sheete of white paper, putting enery day a chafindish of coales into your Still, and it will be candied very excellently, and that in a short space.

Here endesh the forts of Candying.



Ake your Pippins, and parei them, and cut them in quarters, then boyle them in faire, water till they be tender, then straine them, and drie the pulpe vpon a Chafindith of coales, then weigh it, & take as much fuger as it weigheth, and boyle it to Manus Christi, and put them together, then fashion them vpon a Pie-plate, and put it into an Ouen, being very fleightly? heat, the next morning you may turn' it, and put them off the plates vpon fheetes of paper vpon a hurdle, and for put them into an Ouen of like heat, and there let them remaine foure or

and Gentlewomen.

five dayes, putting cuery day a Chafindish of coales into the Ogen , and when they be thorow dry , you may boxe them, and keepe them all the yeare.

To make Past of Eglantine of the colour of shred Coral.

PAke your Eglantine Berries, otherwife called Hips, and stampe the.n in a morter, with Gum-tragacant and Role water, then frayne it thorougha strayner, then take halfe a pound of refined fuger, beaten and fearfed, and worke it vp into Paft with this strayning, then print it with your mould s, then ftoaue it, and then guild them.

To make Pall Royall white.

Ake a pound of refined luger beaten and fearfed, and put into an Alabaster morter, with an ounce of Gum-tragacant, leeped in Rose wa-

A Clofet for Ladies

weake, put in more suger, if too drie, more gumme, with a droppe or two of oyle of Cynamon, so that you never deceive your selfe to stand upon quantities, beat it into perfect Past, and then you may print it with your moulds, and when it is drie, guild it, and so keepe them.

To make Taft royallin fpifes.

Take of Cynamon and Ginger, of each a like quantitie, being finely feerled, mingle it with your fearled luger, and Gum-tragacant steeped in Rose water, and worke it into Past, as you did your Past royall white, and then you may turne it vpon stickes made of peeces of arrowes, and make them hollow like Cynamon stickes: in like fort you may make it tast of what spices you please.

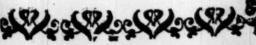
and Genelewenich.

To make Past of Genua the trac way.

Take two pound of the Pulpe of Quinces, and as much of peaches, and thraine it, and drie it in a pewter platter upon a Chafindish of coles, then weigh it, and take as much fuger as it weigheth, and boyle it to the height of Manus Christi, and then put them together, and so tashion it upon a Pie-plate, and dry it in an Ouen with a Chafindish of coales, untill it be throtough drie, and them if it please you, you may spot them with Gold.

To make Past of Fiolets.

YOu must rake of your Violets, which are ready picked, & bruise them in an Alabaster or marble morter and wring the suyce from them into a porringer, and put as much hard



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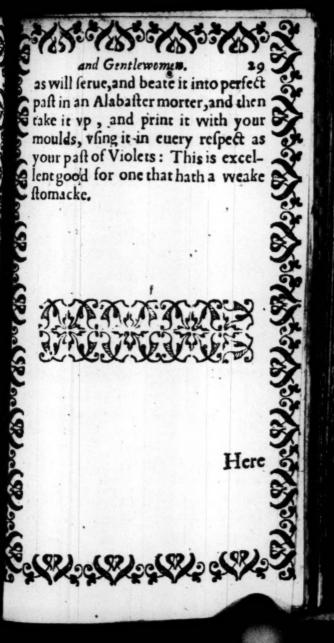
hard suger in fine powder as that inycewill couer, drie it, and then powder it againe, and then take as much Gum-tragacant steeped in rose water, as will bring this sugerinto a perfect past, when it is perfect, take a it vp and print it with your moulds, and so drie it in your Stoaue, and not by the fire for seare of daunger, and when it is drie, guild it. It is a fine banqueting conceit.

To make Past of Goof-berries.

TAke of your Goof-berries, and cut them one by one, and wring the iuyce from them, till you have gotten fo much as you thinke wil ferue your turne, boyle your iuyce a little, that it may be the thicker, then take as much double refined fuger, as your iuyce will sharpen, and dry it as you did for your Violets, and being drie, beat it very fine, and take as much Gumtragacant steeped in Red rose water

May all

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Here beginneth Banqueting conceits, as Marmalades, Quoduniackes, and fuch like.

To make Muskadine Comfus.

Take halfe a pound of Muske fuger beaten and fearfed, then take Gum-tragacant, steeped in Rose water, and two graines of Muske, and so beat them in an Alabaster morter, till it come to perfect Past, then drive it verie thinne with a rowling pinne, and then cut it into small pieces like Diamonds, some cut with

and Gentlewomen.

with a rowle spoone on the sides: being thus cut, stoue them, and so keepe them all the yeare.

To make Diacitonium simplex of Quinces.

TAke of your Quinces, and pare them, and cut them in pieces, and boyle a pound of these pieces in a quart of faire water, till they be very foft : then let the liquor runne from them, then take a pound of Sugercandy, and beare it fine, and put it into that liquor, and let it feeth till you fee it stand like Gelly, then take it from the fire, and put therein foure droppes of oyle of Cynnamon and Nutmegs, and then put in five and twentie leaves of fine gold and flirre it together, and so put it in fine Christall Glasses, and keepe it all the yeare.

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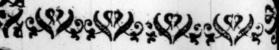
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A Closet for Ladies

To make fine Christall Gelly.

TAke a knuckle of veale, and foure Calues feete, and fet them on the fire with a Gallon of faire water, and when the flesh is boyled tender, tak: it out, then let the liquor fland still vntill it be cold, then take away the top and the bottome of that liquor, and put the rest into a cleane Pipkin, and put into it one pound of clarified fuger, foure or five droppes of oyle of Cynnamon and Natmegs, a graine of Muske, and so let it boyle a quarter of an houre leafurely on the fire, then let it run through a gelly bagge into a bason with the whites of two egges bearen, & when it is cold, you may cutte it into lumpes with a Spoone, and so ferue three or foure lumpes vpon a plate.

To



ud Gentlewomen.

To make white leach of creame.

TAke a pint of (weete creame, and fixe spoone-fuls of Rose water, and two graines of Muske, two drops of oyle of Mace, or one piece of large Mace, and so let it boyle with foure ounces of Ifin-glaffe : then let it run downe through a gelly bagge, when it is cold, flice it like bravene, and fo ferueitout : this is the best way to make leach.

To make a Walnut, that when you cracke it, you fall find Biskets, and Carrawayes in it, or a prettie Pofey written.

Ake a piece of your Past royall white, being beaten with Gumtragacant, and mixed with a little fine fearfed Cynnamon, which will bring your past into a Walnut

A Closet for Ladies

thell colour, then drive it thinne, and
cut it into two pieces, and put the one
piece into the one half of your mould,
and the other into the other, then put
what you please into the nut, and

close the mould together, & so make

three or foure Walnuts.

To make Quodiniacke of plums.

put them into a point with a pound and halfe of brafill suger, clarified with a pint of faire water, and let it boyle till the plummes breaks, then take it off, and let your liquid substance run through a strayner, and then put it againe into the posner, and so let it boyle till it come to his thicknesses, and then print it with your moulds on what fashion you please.

Tomake Biskatello.

TAketwo ounces of very fine fuger, beaten and tearled, and put and Gentlewomen.

into it halfe a spoon-full of Amidum,
That is, white starch, a graine of
Muske, then beat it into perfect past
with Gum-tragacant steeped in Rose
water, then make it into little prettie loaues, the fashion of manchets,
and so put a waser in the bottome of
euery one of them, and bake them in
a baking-pan, but take heede your
pan be not hot, and so specke them
with gould, and so boxe them. It is

Tomake a speciall sweet water to perfume clothes in the foul-ding, being washed.

a very fine banqueting conceit.

Take a quart of Dammaske rose water, and put it into a glasse, put vnto it a handful of Lauender flowers, two ounces of Orris, a dram of Muske, the weight of source pence of Amber-greece, as much civet, source drops of oyle of cloues, stoppe this close and set it in the Sun

a fortnight: put one spoonfull of this water into a bason of common water, and put it into glasse, & so sprinkle your clothes therewith in your solding, the drugs lest in the bottome, (when the water is spent) will make as much more, if you keepe them, and put fresh Rose water to it.

To make Mosse powder.

TAke two pound of Mosse of a sweete Apple-tree, gathered betweene the two Lady dayes, and insufficient in a quart of Dammaske Rose water source and twentie houres, then take it out and drie it in an Ouen vpon a situes bottome, and beat it to powder, put vnto it one ounce of Lignum-aloes, beaten and searsed, two ounces of Orris, a dramme of muske, halfe a dram of cittet, put all these into a hot morter and pestell, and beat them together, then searse them

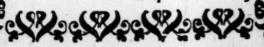
and Gentlewomen. 37
them through a course hairen searse,
and put it into a bagge, and lay itamongst your clothes.

Tr make Aromaticum Lozenges.

Take of fine suger, halfe a pound, boyle it with red Rose water, vn-till it come to the height of Lozenges, and in the cooling put in of the spices of Aromaticum rosarum soure drams, with a little Confectio Alchermes, and so make them into Lozenges, guilding them first, and then cut them square with a knife for that purpose, and when you guild them, if your guilding will not sticke on, wet them gently with a little Rose water, but not too much in any case.

To make a Marchpane to yee it, and garnish it after the Art of Comfit making.

TAke two pound of small Almonds blanched, and beaten into perfect



A Closet for Ladies Past, with a pound of Luger finely fearfed, putting in novv and then a spoonfull or two of Rose water, to keepe it from oyling, and when it is beaten to perfect Paft , rowle it thin, and cut it round by a charger, then fet an edge on it, as you doe on a tart, then drie it in an Ouen, or a backing pan, then yee it with Rose water and fuger, made as thicke as batter for fritters, when it is iced garnith it with conceits, and sticke long comfits in at, and fo guild it, and ferue it. To make all forts of banqueting conceits of Marchpane stuffe, Some like Pyes, Birds, Baskets , and Such like, and some to print with moulds. Ake a pound of Almond past, made for the Marchpane, and drye it on a Chafindith of coales, till you fee it waxe white,

then you may print some with

moulds,

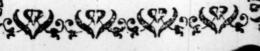
and Gentlewomen.
mouldds, and make some with hands,
and soguild them, then stone them
and you may keepe them all the yere.
They bee excellent good to please
children.

To make all kinde of Birds and Beasts to
stand on their legges in cast
worke.

TAke Barbary suger, clarisse it, and boyle it to the height of Manus. Christi, then poure it into your mouldes, they being seasoned as for your Quodiniacke: let them stand a quarter of an houre and they will be colde, and then you may take them out and guild them.

To cast all manner of frutage hollow in turnd worke, and pathem in their culours, as Oranges, Lymonds, and such like.

Take your suger, being boyled to the height of Manus Christi, and put



put it into your Alabaster mouldes, being made of three pieces, turne it round about in your hand while it is hot, and when it is colde, take it out and put them in their natural colors.

To make Prince bisket bread.

TAke a pound of very fine flower, as much fuger throughly fearfed, one ounce of annisseeds cleane pickt, take eight egges and a spoonefull of Muskadine, and beat all into batter as thicke as for fritters, beat it thus in a bowle one houre, then put it into your coffins of plate, or frames of wood, and fet in an Ouen, and let it remaine there one houre, you may flice some of them when they bee a day old, and drie them againe vpon a hurdle of wicker, you may also take one of your loaues, and wash it ouer with the yolke of an egge, beaten with a little Rose water, and while it is greene, cast biskets and carravvaies

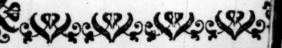
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on it and a little white candy, and it will shew as if it did haile on it, then spot it with golde and give to whom you please.

To make the vsuall bisket solde at Comfitmakers.

Take a pecke of flower and foure ounces of corriander seede, one ounce of anniseed, take three egges, three spoonefulls of ale yeast, and as much warme water as will make it as thicke as past for Manchets, make it in a long roule, and bake it in an Ouen one houre, and when it is a day olde pare it, and slice it, suger it with searsed suger, and put it againe into the Ouen, and when it is drie, take it out, and new suger it againe, and so box it and keepe it.

To

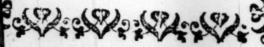


A Closet for Ladies

To make an especial sweet Powder fur sweet barges.

TAke of the pureft orris one pound, ofred and dammaske rose leaues, of each two ounces, of Cloues three drammes, corriander feed one dram, Ciprus and Callamus, of each halfe an ounce, Benzoin and Storax, of each three drammes, beat them all Gue the Benzoin and the Storax, and pouder them by themselves, & mixe it with the rest of the powder , then take of Muske and Ciuer, of each twenty graines, Amber-greece ten graines, mixe these with a little of the foretaid powder with a warme peftle, and so by little and little you may mixeit with all the reft, and fo with Rofe leaues dried you may put it vp into your sweete bagges, and fo keepe them feauen yeares.

To

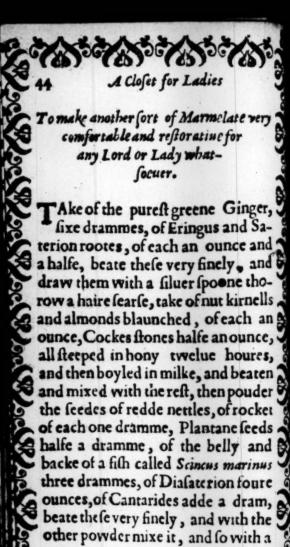


and Gentlewomen. 43

To make an excellent Marmelate which was ginen Queene Mary for a New-yeares gift.

TAke a pound and halfe of Suger, boyle it with a pint of faire water till it come to the height of Manus Christi, then take three or foure small Quinces, one good Orang pill, both very well preserved and finely beaten, & three ounces of Almonds blanched and beaten by themselues, Eringus roots preserved, two ounces and a halfe, flirre thefe with the fuger till it will not flicke, and then at the laft put in of Muske and Amber, diffolued in rose water, of each foure graines, of Cynamon, Ginger, Cloues and Mace, of each three drammes, of oyle of Cynnamon two droppes, this being done, put it into your Marmelate boxes, and fo present it to whom you pleafe.

To



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pound of fine suger dissoluted in rose water, and boyled to suger againe, mingle the powder and all the rest of the things, putting in of lease golde sixe leaves, of pearle prepared two drammes, oyle of Cynnamon sixe drops, and being thus done and well dryed, put it vp in your Marmelate boxes, and guild it, and so vse it at

To make a blaunch for any Ladies face.

your pleasure.

Take of white Tarter two drams, Camphire one dramme, Coperas halfe a dramme, the whites of foure egges, inyce of two Lymonds, oyle of tarter foure ounces, Plantane water as much, white Mercuria pennyworth, bitter almonds two ounces, all must be powered and mixed with the oyle and water, and then boyled vpon a gentle fire, and straine it and so keepe it. The partie must rub her face with a scarlet cloth, and then

ocknown characters of

then ouer night wash her with it, and in the morning wash it off with bran and white wine.

To make printed Quodiniacke of Quinces a rubye colour.

TAke two pound of Quinces, pared & cut in smal pieces, and put them; into a poinct with three pints of faire water, and so let them boyle till they' be tender, then put into them a pound of fuger, and let it boyle till the fruit fall to the bottome of the pan, let the liquor runne through a strayner into a bason, and put it into a faire posnet, and let it boyle till it come to his colour and thicknesse, then print it with your moulds, you shall know when it is ready to print by rowling a little vpon the backe of a spoone, and if you see it will stand and not runne downe print it, in like fort you may make your Quodiniacke of Pippins, your Pippins will hold all the yeare.

and Gentlewomen.

To make Quediniackes of Rafpifes or English Coriants.

Take Raspises ripe and well colouted and put them in a dish, and put to them this spoonfulls of rose water, & mix them together with the backe of a spoone, then wring the lyquid substance through a linnen cloth, season it by your mouth with suger till it be sweete ynough, then boyle it on a chasindish of coales in a dish till it be reddy to print: then prime it in your moulds and box it, and so keepe them.

Here endeth the conceits of Banqueting.

Water one night before you vie them: and an houre before you print with them, take them out of the water.

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CORDIAL VVaters.

Aqua Cælestis.

Ake of Cynnamon fix ounces, Clours one dram, Nutmegs one dram and a halfe,
of Ginger two drammes and
halfe, of Gallingate one dram and
halfe, Cubebs two drammes, Callamis rootes one dram, all brusen and
hepe in a paper, then take of Bettony
and fage flowers of each a handfull,
Maxioram, Penneryall, of each halfe
a handfull brused likewise, then take
of these pouders, of Aromaticum
Rosa-

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and Gentlewomen.

Rolarum three drammes, Diambra Diamargariton frigiden, Diamofour dulce, of each a dram and halfe, you mast put all these into a gallon of spirit of wine, and steepe them three dayes and three nights shaking them well every day, and then diftal it in your Limbeck, and when it is destilled, you must hang halfe an ouce of yellow Sanders and twentie graines of Muske and amber in it.

To make Cynnamon Water.

TAke one pound of the best Cynnamon you can get, brufe it well, and put it into a gallon of the belt facke, and infuse it three daies and three nights, and then diffill it as your Aqua cœleftis.

To make Doctor Steenens water.

ake of Role leaves one dram, Borage, Bugloffe, violets and rolms-

CANARA CANARA

ल्का स्थान A Closet for Ladies rie flowers, of each a dram and halfe, Spiknard a dramme, Cinnamon two Jounces, Ginzer one ounce, Cloues Se Nutmegs of each halfe an ounce, Cardamons a dram and halfe, Gal-Alingale two drams, Cubebs a dram, Pepper three drams, Aniseeds Carraway feeds and Fennill of each an ounce, Lignum Alloeshalfe a dram, Corall and Pearle in fine pouder of each one dram, bruse these and put them in a pottle of Aqui vitæ and a aquart of Sack, vling it in every respect as your Aqua coeleft is. To make Baume water. TAke Brune drie three ounces, time, Peneryall of each an ounce Cynnamon foure ounces , a dramme

Take Baume drie three ounces, time, Peneryall of each an ounce Cynnamon foure ounces, a dramme of Cardomons, Graines halfe an ounce, weet Fennil feeds one ounce, Nutmegs & Ginger, of each a dram, Galingale one ounce, Caliamus and Cyprus, Cubebs and Pepper, of each two drammes, of Caper rootes halfe

self sight states

and Genelewomen. 51 halfa dram, of Diptamus one dram,

bruise these things, and put them to a pottle of sacke, & steepe them xxiiij. houres, and then vie it as the former waters.

Angellica water.

Take Cardus dry a handful, Angelica roots three ounces, of Mirh one dram, Nutmegs halfe an ounce, Cynamon, ginger, of each foure ounce, Saffion one dram & halfe, Cardamons, Cubebs, Galingale & Pepper, of each a quarter of an ounce, Mace two drams, Graines one dram, Lignum Aloes, Spicknard, Iuncus odoratus of each a dram, Sage, Borage, Buglosse, Violets, and Rosemary flowers, of each halfe a handfull: bruise these and steepe them in a pottle of sacke xij hours, & distil it as the rest.

Rofa Solis.

Take Liquerish eight ounces, Anifeed, Caraway, of each an ounce, Raysons stoned, Dates, of each three ounces, Nutmegs, ginger, Cynamon,

oc Cresc Cres

Mace, of each halfe an ounce, Gallingale a quarter of an onnce, Cubebs one dram, Figs two ounces, Suger foure ounces, bruse these and deitill it with a gallon of Aqua vitæ as the

rest: but when it is distilled, you must coulour it with the herbe Rosa Solis,

or elfe Alkanet roote.

Wormwoo! water.

Take of Wormwoode two ounces and halfe, Sage, Betony, and Rue, of each halfe a handfull, Rosemary tops a handfull, Cinnamon 3 ounces, Nutmegs halfe an ounce, Cloues and Mace, of each halfe a dram, Ginger an ounce, Gallingall, Cubebs, and Spicknard, of each a dram and halfe, of Scordium halfe a handfull, bruse these and a pinte of Aqua vitz, and steep them source and twentie houres, and distill them as the the rest.

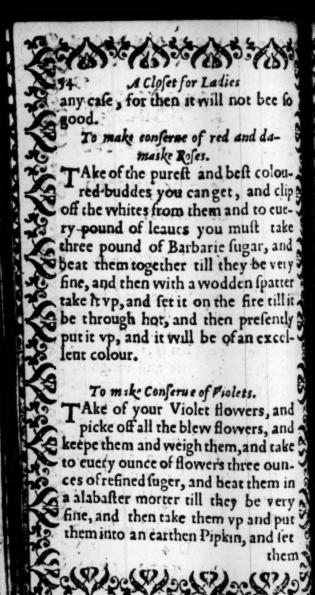
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Here beginneth Confarues.

To make Marmelade of Quinces.

Ake your Quinces and boyle them tender, then pare them and cut them to the coare, then draw the pulpe, That is, the Quince through a haire searse and weigh it, to cucry pound of pulpe, take a pound of clarified suger, and boyle them together till they come to a perfect colour, putting to them in the boyling a little oyle of Cynamon, and when it is boyled ynough that it will not slicke to the panne, put it into your Marmelade boxes. But your conferue must not be boyled so high in



them vpon the fire vntill fach time as they be thorough hotte, and then take them off, and put them vp and keep them.

To make pectorall rowles for

To make pectorall rowles for she Cough.

Take liquorish pouder finely searsed one ounce, of the spices of
Diatragacanthum frigidum if drams,
of Gum-arabecke and Tragarant
in sine powder, of each a dram, white
starch halfe a dram, Aniseeds in sine
pouder one ounce mingle with the
rest, then take of suger sixe ounces, of
Pennits an ounce and halfe, Sugercandy one ounce powdred & mingled with the former powder, then
take Gum-tragacant steeped in Rose
water and bear it into past, and so
make it into long rowles and so drie
them, and keepe them.

To make Conferue of Borege flowers.

Take of your Borage flowers well colored and picke the blacks from them.

them, then weigh them, to every ounce of flowers you must take three ounces of uger, and beat them together in an Alabaster morter with a wooden pesse will they be verie fine, so that you cannot discerne any suger in sumps, then take them out and put the conserve into a pipkin, and heat it through hot, and having thus done put them up &c keepe them all the yeare.

To make conferme of Rosemary flowers.

Take your Rolemary flowers, fresh and good and picke them from the greene tuske, weigh them, and take to enery ounce of flowers three ounces of Suger-candy, and beate them wery fine, vsing them in enery respect as you did your other Conserues.

To make Conferne of Bagloffe flowers.

The your bugloffe flowers, and picke them as you did your borage flowers,

and Gentlewomen.

flowers, and then weigh them, and to every ounce of flowers you must rake two ounces of hard fugar andan ounce of fugar Candie, and beate them together till they be exceeding fine, and then fet them one the fire to diffolue the fugar, and when it is distolued and the conserve hot, put it vp and keepe it all the yeare.

To make a Pomaunder.

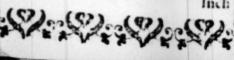
Take of Beazon in one dram and balfe, of storax, halfe a dram of Lignum aloes in fine powder halfe a scruple, of Labdamum halfe an ounce, powder all these very fine and fearfe them through laune, and then take of muske a dram, Amber greele ten graines, Ciuct ten graines, and dissolue them in a hot morter with a little rose water and so make them into a pomander putting into it fix graines of Ciuet. To



"Ake of your Barberies which are very red and ripe and pr ke them from the flalks and then wath them and put vitto them a prettie deale of faire water and fet them on the fire in an earthen pan and fo feald them, and being throughly fealded pulpe them thorough a fine fearer, and to every pound of pulpe take a pound of pouder fuger and boyle them til it be ynough that is, till it wil out like mar-

To make Conferue of Cichorio flowers.

Take of your Cichory flower new gathered; tor if you let them he but one hower or two at the noit they will loofe their coulour and doe you very little feruice, therefore wase them prefently, and to every ounce of flowers you must take three ounces of dubble refined fuger and beate them to ether in a morter of Alabatter and a wooden petitle vnral



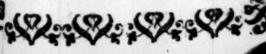
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and Gimelewomen.

fach time as they be thoroughly beaten, for the better the flowers and fuger be bearen, the better will your Conferue be , let this alwayes be for agenerall rule, and being very well brayed, you must take them vp, and put it into a chafer cleane fco ared, and fet it on the fire al it be throughly hot, and sheet whe it off , and put it p and beepe it all the yeare.

> To ipepe Consumbers in pickle allebryham.

TAke four egallons of Conductivaterandpot voto it thies quarts of bay falt, two handfuls of Sage, one handfull of fweete Marioram, and foure handfulls of Dill, Ver thefe boyle ul it come to three gallons, and then tabricall, and when it to almost cold, put in a hundreth of Comrambers into that liquer, into & burrer barrel & beepe them al the yeare, but looke that alwaies the hert's lie vpon them.



A Clufer for Ladies

To make Comfoure of Barberies.

Take of your Borberies which are very red and ripe and pi he them from the stalks and then wath them and put vinto them a prettie deale of faire water and fet them on the fire in an earthen pan and so scald them, and being throughly scalded pulpe them thorough a fine searce, and to every pound of pulpe take a pound of pouder suger and boyle them til it be ynough that is, till it wil cut like marmelade.

Take of your Cichory flowers.

Take of your Cichory flower new gathered; tor if you let them lie but one hower or two at the noft they will loofe their coulour and doe you very little feruice, therefore wase them presently, and to every ounce of flowers you must take three ounces of dubble refined suger and beate them together in a morter of Alabaster and a wooden pestle vnril

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and Grantenesses.

fach time so they be shoroughly beaien, for the better the flowers and
fuger be beaten, the better will your
Conferue be, let this alwayes be for
aginerall rule, and being very well
brayed, you must take them up, and
put it into a chafer cleane feo ared,
and fee it on the fire til it be throughby hot, and sheet take it off, and put it
up, and beepe it all the yeare.

To heepe Concumbers in pickle

Take four egallons of Conduit water and put vnto it three quarts
of bay falt, two handfuls of Sage,
one handfull of sweete Marioram,
and source handfulls of Dill, let these
boyle til it come to three gallons, and
then take it biff and when it is almost
cold, put in a hundreth of Cowcumbers into that liquor, into a butter
barrel & keepe them al the yeare, but
sleoke that alwaies the herbs die vpon
them,

Down Wood

them, and thus done, it will be a most excellent sallet with oyle, vineger, and pepper.

An exceeding fine pill ufed for the

Take of Aloes two ounces, Mastick three drammes, Agricke halfe an ounce, Ganger halfe a dramme, let these be poudred very fine, then take of the extraction of Rhubarbe three drammes, and with white wine let them be incorporated into a masse of pills, adding vinto them a droppe of oyle of cloues, and as much of Nutmegges.

Medicine for the Goute.

TAkcof the flippes of starres to the mumber of source, and she make to every slippe fource snayles, and put shem mee an earthen pot, & sprinckle source of sauc handfuls of sale upon them,

and Gentlewomen.

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them, and then put to them Sage, Rue, Wormewood, and Hystoppe, of each foure handfuls, and so distill them, and when you have distilled them, put to them a quart of wine Vineger, wherein an ounce of white Mercury is distolned, and so bath the place infected with the goute, and it will ease them presently.

Tomake Syrupe of Pomcierous

Take of Pomcitrons, and cut them in halfes and inyce them, but be-ware you vering them not too hard, least it be slimite, and then take to e-uery pint of inyce three quarters of a pound of refined figer, and boyle it in an earthen pipkin, till it come to the height of a Sytupe, and take heed in any case that you boyle it not on too hot a slic, least it burne, and then when it is boyled yough, put it vp, and keepe it all the years.

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them, and thus done, it will be a most iexcellent sallet with oyle, vineger, and pepper.

An exceeding fine pill nfed for the

Take of Aloes two ounces, Mastick three drammes, Agricke halfe an ounce, Ganger halfe a dramme, let these be poudred very fine, then take of the extraction of Rhubarbe three drammes, and with white wine let them be incorporated into a masse of pills, adding vnto them a droppe of oyle of cloues, and as much of Nutmegges.

Medicine for the Goute.

TAke of the flippes of starres to the mumber of source, and then take to eurny slippe foure snayles, and put shem into an earthen pot, & sprinckle source of stuc handfuls of salt vpon them,

and Gentlewomen.

them, and then put to them Sage, Rue, Wormewood, and Hystoppe, of each foure handfuls, and so distill them, and when you have distilled them, put to them a quart of wine Vineger, wherein an ounce of white Mercury is distolned, and so bath the place infected with the goute, and it will ease them presently.

Tomake Syrape of Pomcierous

Take of Pomcitrons, and cut them in halfes and inyce them, but be-ware you vering them not too hard, least it be slimite, and then take to e-uery pint of inyce three quarters of a pound of refined siger, and boyle it in an earthen pipkin, till it come to the height of a Syrupe, and take heed in any case that you boyle it not on too hot a sic, least it burne, and then when it is boyled yough, put it vp, and keepe it all the years.

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AClojet for Ladics

To make Syrupe of Violets.

Ake your Violets, and pick the flowers, and weigh them, and then put them into a quart of water, and steepe them voon hot embers, vntill fuch time as the flowers be turned white, and the water as blevy as any violet, then take to that quart of in fulion, and take foure pound of clarified Suger, & boyle it till it come to afyrupe, fourming them and boyling them ypon a gentle fire, leaft it turne his golour, and being boyled, put the Syrupe up and keepe it.

Tam.k Syrupe of Liquerists.

Alse your Liquorith eight ounces, and fcrape it verie cleane, and brine is verse well, and maydenhave one ounce, Anyfeede, and Fernicil feedentesch halfe on ounce, Acepe thele in faute pintes of raine water testie a day, and then boyle it to

and Gentlewomen.

quart, then take a pound and a halfe
of clarified suger, and boyle it with

of clarified suger, and boyle it with that liquor, till it come to a Syrupe, and then put it vp and keepe it.

To make Syrupe of Hore-hound.

TAke of Hor-hound two handfuls, of Coults foote a handful, of time, peneriall, and Calamint of each two drams, of Liquorish one ounce and ahalfe, of figges and raylons of the same of each two ounces, Pionye ternels a quarter of an ounce, Anifeeds, and Fennell seeds, of each a quarter of an ounce, boyle these in a gallon of faire water, till it come to a pottell or three pintes, and then traine it, and take three pound of sager, and three egges, and clarifie tathquor, and so boyle it to a Sympe, and seepe it all the years.

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क्रिक्टिन Aciojes for Ladics

To make Syrupe of Violets.

Ake your Violets, and pick the flowers, and weigh them, and then put them into a quart of water, and leepe them you hot embers, votel fuch time as the flowers be rurned white, and the water as blow as any violet, then take to that quart of in fulion, and take foure pound of clarified Suger, & boyle it till it come to alysupe, fourming them and boy hing shem you a gentle fire, leaft it turne his golour, and being boyled, put the Syrupe up and keeps ut.

Tamik Syrupe of Liquarifle.

TAS your Liquorith eight ounces, and fenape it verie cleane , and bring is verie well, and may den have core lounce, Anylecde, and Fenuell feedenfeach halfe an ounce, Roepe Sthese in soute pintes of raine water talfe a day, and then boyle it to a quart,

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quare, then take a pound and a halfe of clarified fuger, and boyle it with that liquor, till it come to a Syrupe, and then put it up and beepe it.

To make Syrupe of Hore-hound.

TAke of Hor-hound two handfule, of Coules foote a handful, of time, peneriall, and Calamint of each two drams, of Liquorith one ounce and a halfe, of figges and raytons of the funne of each two ounces, Pionye bernels a quarter of an ounce, Anifeeds, and Fennell feeds, of each a quarter of an ounce, boyle these in a gallon of faire water, till it come to a pottell or three pintes, and then straine it, and take three pound of Suger, and three egges, and clarifie that liquor, and so boyle it to a Syrupe, and so keepe it all the yeare.

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To make Syrape of Mayden haire.

Ake of Maiden heare fixe ounces, of Liquorish one ounce scraped and fliced, fleepe thefe foure and twentie houres in foure pintes of Conduit water, and then boyle them to quart, and then take two pound of clarified Suger, and boyle it with that liquor voon a gentle fire, vpon Charcoales, vntill it come to a Syrupe, seumming it very often, that it may be the clearer, for the clearer it is the better it is, and being boyled ynough, put it vp.

Tomake Syrupe of Hyffop.

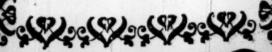
TAke of Hystop one handfull, of Figges, Rayfins, Dates of each an ounce, of Calamine balfe a handfull, of French barley one ounce, boyle these in three pintes of water to a quart, and then straine it, and then clarifie and Genelowomen.

clarific it with the whites of two egs, and two pound of Suger, and for boyle them to a Syrupe, and being boyled ynough, keepe them all the yeare.

To keepe Cherries all the years to have them at Chrismase.

Take of your fairest Cherries you canget, but be sure that they bee not bruised, and take them and rub them with a linnen clothe, and put them into a Barrell of hay, and lay them in rancks, first laying hay in the bottome, and then Cherries, and then hay againe, and then stoppe them yo close, that no ayre may come neere them, and lay them winder a sether-bed, where one lyeth continually, for the warmer they are, the better, yet neere no fire, and thus doing, you may have Cherries at any time of the yere.

2 To



66 A Closet for Ladies

Tomake a Syrape of Mulberries.

Take your Mulberries which are very ripe, presse out the inyce from them, thorough a linnen cloth betweene two stickes, and then to energy pint of inyce, take a pound of suger and boyle it to the height of a Syrup, and then keepe it all the yeare long, and if it waxe any thing thinner a moneth after you put it vp, boyle it againe, and then put it vp.

Tomake Syrupe of Lymonds.

Take your Lymonds, and cut them in halfes, and betwixt your fingers in your them, and the liquor that runnes from them wil be very cleare, then take to a pint of inyce, a pound and a quarter of hard suger, which is very white and boyle it to a Syrupe, and it will keepe excellent well.

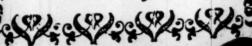
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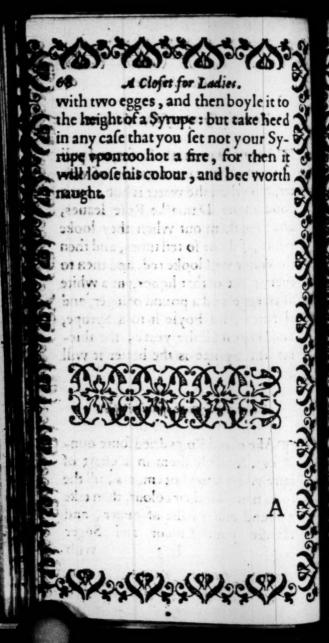
To make Syrupe of Roscs sollisine.

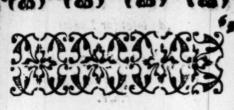
Take of Dammaske Roses, and pull them, then take a gallon of water, and when the water is hot, put a good many Damaske Rose leaves, and take them out when they looke white, and doe so ten times, and then the water will looke red, and then to every pinte of that liquor, put a white of an egge and a pound of suger, and clarisse it, and boyle it to a Syrupe, and keepe it all the yeare, the thicker the Syrupe is the better it will keepe.

To make Syrupe of drie Rofes.

Take of red Roses dried soure ounces, & insuse them in a quart of faire water upon hot embers, till the roses have lost their colour, then take a pound and a halse of Suger, and clariste your Liquor and Suger E 2 with







A Medicine to giue a woman in trauel, to make ber have throwes.

Pearle, Piony seedes, Saffron, Commine, beate all these in powder, and put it into Malmesey, and take Vnicornes horne, and put it into a spoone with a little Malmesey, and giue it to her, and presently let her drinke a draught of the Malmesey with the powders aforesaid, warming of ita little.

E 4

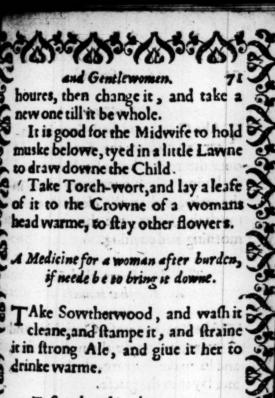
A Closet for Ladies

Medicine for the falling downe of the matrific to the bearing place.

Ake Chicke-weede, and seeth it in an earthen pot, then lay of it vpon a peece of scarlet, as hot as the partie may suffer it, let her take it to the privile place, and as one plaster cooleth, so lay another, and vie

Another for to be taken to the Nauell, and to the backe right against the Nauell for the same.

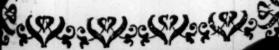
TAke a redde Onyon, and roast it very tender, then take of Allysander seedes, and bruise them in a wooden dish, and mingle the Onyon and the bruised seedes together, and lay it vpon a peece of linnen cloth, so lay it to the Nauell a little warme, rowle that on, and let it lie on xxiiij.

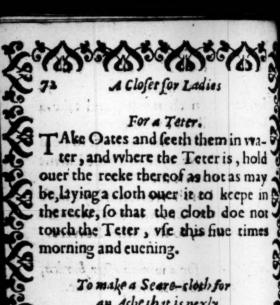


To ftop the Whites in women.

FRy Hemlock in fresh swines greafe, lay it as hotte as shee may suffe it to the secret place.

For





an Ache that is nexly

Ake Boares greafe; Camphire, and waxe, and boyle them altogether, and so make a Seare-cloth thereof and lay it to the griefe.

For a Felon or an Andcome.

Ake Hearbe-grace, ruftie Bacon, fower leaven, and Snayles that be with shels on their backes, taking them out of their shels , and beate all these together, & lay it to the greefe.

For to heale any, if they be scalded with hot liquor.

Take Alehose and Auens, Sheepe sur, and Sheeps dunge, and Goose dung, and when you have washed the hearbes, breake them altogether a little, and so frie them together, and then straine it, & make plasters thereof, and lay it to the griefe, warme it a little when you lay it too, laying new plasters to it twise a day, you may take the inyce of Houseleeke, and Sallet oyle, and water, and beat them together, and wash the grease before you wie this plaster.

A Medicine for the Whites.

Take a quart of new milke of a red Cow, x. spoonfuls of red Rose water; a l'omgarnet pill beaten, and a little Cynamon beaten, and seeth it halfe away, & sweeten it with suger; and drinke a draught morning and euening, & two Whites of egs beaten.



A Medicine for them that are given to bleeding.

Make a posser, & take of the curd, and take Liner-wort, and beatit, and put the inyce thereof into the Posser drinke, and drinke it morning and eneming warme.

For the heate in the Kidneys.

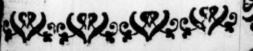
Take Houseleeke and Plantine, and not wash them, but wipe them with a cloth, and beate them and straine them, and put to the iuyce thereof red Rose water, and wine Vineger and womans mike, and take the hearbs and put them into clothes, and tye the clothes with thread like a couple of balles, and you must (when you doe vie it) have one to doe it for you in the morning when you are in your bed, and the partie must take the balles, and dippe them in this liquor, and

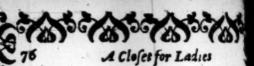
and so bath your Kidneys, and as soone as one of the balles is hot with doing of them, take the other, and so vieit an houre euerie morning.

A Medicine for the Stone,

TAke Pelitorie of the Wall, Smaladge, Holihockes, Mallowes, Tanfie, & Saxifrage, of each a handfull, chop them (mall, and quilt them in a little linnen bag, then take three pints of creame, halfe a pint of Malmfey, a quarter of a pint of running water, and fet them on the fire, and when it doth feeth, then put in the bag of hearbes into the porte, and when the bagge is thoroughly hotte, wring it betweene two trenchers ouer the por to faue the liquor, then lay the bag to the greefe, as hotte as you may fuffer it, and as soone as it cooleth, make it horagaine in the fame liquor, and fo apply it to the greefe.

For





For the Woormes.

Take a handfull of Basili mintes, a handfull of Lauender Cotten, as much of Wormewood, Peach leaues as much, Ferthersue a handfull, of waster Leeks a handfull, and boyle them together in three spoonfuls of of wine Vineger, and of his owne water as much, and quilt them in bagge, and so lay it warme between his Nauell and his stomacke,

To beale a fore Breaft that comes with the infection of the milke.

Take Mallowes and Saffron, and feeth them in milke, and whenit hath fodden a good while put in some crummes of leauen bread, and boyle them well together, and a little before you take it vp, put some Salet oyle into it, you must letit boyle till it comes to a Poultis, and so lay it warme

Seport Sport

warme to your breast, and if you perceine this that will not helpe your breast without it be broke, you must roft a Lillie roote, and lay it to your breaft, where you will have it breake, and when it is broken, you must tent it with leaven and milk fodden thick together, and make a plaster thereof, and lay it to the place where it is broken, you must dresse it twife a day, laying the Poultis all about your breft, fauing the place that the plafter lyes on, you must dresse it both with new Poultis, and a new plaster twife euerie day, vntil it beginneth to heale, and then once a day is sufficient.

To french bleeding at the Nofe.

Take Bolerminake, and the white of an egge, and Vineger, and beate them together, and make Plasters thereof, and lay them to your Temples.

To



A Closet for Ladics

To french bleeding of a wound.

Take of vnset Hystope, and bruise it a little, and take the powder of the bone that is to be found in a Cappers head, and strew the same powder on the Hystope, and lay it to the wounde.

Another for to stand the bleeding of a wound.

Take Hogges dunge hot from the Hogge, with Suger, and lay it to the wound.

For the weakenesse in the backe,

TAke Clarie and Dates, & the pith of an Oxe, and chop them together, & then put them to your creame and egges, and grated bread, and frie rhem together, and straw Suger on it, and eate it in the Morning fating,

South of the state of the

fling, and you must put some white Saunders in it also when you timper it together.

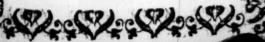
For the Wormes

Take Mares milke, and drinke it as hor as you can have it from the Mare, in the morning fafting.

To know whether a Child hash the Wormes, or no.

Take a peece of white Leather, and pecke it full of holes with your knife, and rub it with Worme-word, and spread hony on it, and starwe the powder of Alesackacrina, and lay it on the Childs Nauell, when he goeth to bed, and if he haue the wormes, the platter will sticke fast, and if he haue them not, it will fall off.

For



A Closet for Ladies

For one that is bruifed with a fall.

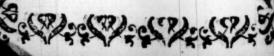
Take stone Pitch, and beat it, and drinke it with whit wine, or Sack, or Malmesey, and if you have none, then take some other liquor, then melt Parmacitic, & anoyat the place where the bruise is.

For the winde Collicke.

TAke Parsley seed, & bruise them, and seeth them in Sack, and drink it warne when you have your paine.

For the Gone that is nowly come .

Ake Rhubarbe, and grate it, and mingle it with Conferue of redde Roles, and ease thereof every morning fasting a prettie quantitie.



A Water to wash a fore.

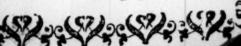
Take of Plantane, and Woodbind leaues, and white Roses, and still them together, and when the water is stilled, put a quantity of Camphire into it, and so let it lye in the water continually.

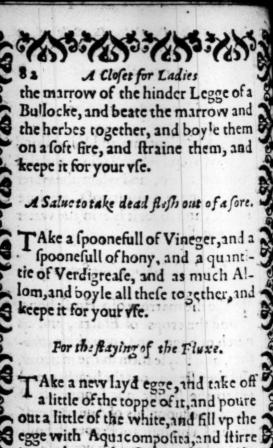
For the fhrinking of the Synewes.

TAke the marrow of a Horse bone, and the crops of Elders, and as much of Sage, and chop them together, and boyle them in the marrow, and then straine out the hearbes, and put to the liquor one spoonefull of hony, two spoonfuls of Aquacomposita, and a quantity of Pepper, & hoile it againe, and keepe it for your vse.

For the Pyles.

Take a quantitie of Ragwort, and a quantitie of ground Iuie, and





egge with Aquacompolica, and ftirre it together, and roft it and fip vp the egge in the morning fasting, till you be well vie this.

Another for the fame.

MAke Rife pottage with Almond milke, you must not blaunch the Almonds, and make little Balles of Virgines wax, make them leffe than Peale, and when you doe eate of the pottage, take three or foure of the Balles, and put them in euery spoonfull as you doc eate it.

For the Gowte.

TAke an earthen pot, and put into it a quart of Aquacomposita, and take two handfulls of Hen-bane, and breake it, and put it into it, and fet the pot in the earth all the month of May, and it will come to an oyle, and at the end of May, you must take it vp, and keepe it for your vie, you must couer the por verie close when you fet it in the ground; and when you annoint the greefe therewith, you must doe it against the fire.

A Closet for Ladies

For the Pyles.

Take Martylmasse Beese, and drie it, and beat it to powder, and then putitinto a Chasindish of coales, and set it in a Chaire and sit ouer it.

For an Ague.

IF it be for a childe, take two spoonfulls of good ale, and seeth it, and scum it, and one spoonfull of the Syrupe of roles, and let him drinke it luke warme: If for an old body, then take three spoonfulls of good ale, and two spoonfulls of the Syrupe of roles.

To make a fresh Checse.

Take a quantitie of new milke, and fet it on the fire, and let it boyle, and take halfe a dozen yolkes of egs, and beat them and stirre them in the milke on the fire, then take it off the fire, and keepe it stirred, vntill it be

be lake warme, and then put runnet into it, and stirre it, and let it stand vntill it be gathered together & take vp the curd, and put into it Cinamon and Ginger, and stir it about, & make dithes of it, as you thinke good.

A Medicine for a Testilent Ague or to drive any thing from the heart.

Make a posset with white wine, and take away the curd, & take horse dung of a stone Horse, as hotte as you can get it from the horse, and straine it with the Posset drinke, and put a little Methridate, and Cardus Benedictus water, and Vnicornes horne, and if you have no Vnicornes horne, then put Juorie, or Sea-horse tooth, and guie it to the sicke to drink fasting in the Morning, warming it, and you must put the Vnicornes horne into the spoone, and take it with some of the Posset Drinke, and

and so drinke the Posset presently after it, and vse this two or three mornings.

A Medicine for the forenesse in the throat that commeth with the Rhume.

Take halfe a pint of Hony-suckle water, and two Iewes eares, of Plantane, & Sinckefield halfe a handful, and a few columbine leaves, these must bee sodde with as much white Suger-candy, as will bring the liquor to a Syrupe, you must put in a little Howell, Cypnamon, and so take it in the morning, and in the evening, and at such times as your throat is drye-

Another for the falling of the Enalow, or other paine in the throat.

TAkea handfull of redde Sage, a spece of leauen,

leauen, boyle these in a little newer milke, vntill it be thicke, then lay it on source sine clothes, & lay one clothe to the nape of the neck, and another to the throat, and to each temple one, and bind the clothes, and doe this as often as neede shall require, for it hath bene proued.

A falue for a greene wound.

Take a pound of Rosin, halfe a pound of wax, foure ounces of old Swines grease, one ounce of Verdigrease, boyle them altogether vpon a soft fire, and straine them.

A Waser to heale all fores in legges and Picers.

Take a pound of roch-allom, foure ounces of greene Coperas, beate them somewhat small, and put them in a pan on the fire, euer flirring them vntill they bee molten and dryed againe A Closet for Ladies.

gaine readie to be powdred, and beat them againe in fine powder, and keep them to your vie. When you will make your water, fee a pottell of faire Conduit water ouer the fire, viltill it boyleth fast, then take it away, and affoone as it leaueth boyling, caft abroad your powder vpon the water, the which will mate it to boyle, as long as your water rifeth, fo long caft your water in, and when it leueth rifing and is blackin the bottome, then air is perfect, then if you fee a dangerousfore Legge, first cast you powder presently thereon, and lay thereto three or foure fold of linnen cloth wet in the water, and rowle it vp, doe fo till the vicer be cleane.

A very good water for a fore mouth.

Take of Conduit water a pint, one handfull of Hyflope, of whit wine, and of Almonds a pound, of Roses three ounces, seeth them altogether

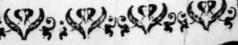
from the fire and straine it, and keepe it, and keepe it for your vsc, you must alwaies wash your meat, and rubbe it after meate, and in the morning.

A Castile to breake any swelling that is readie to breake.

Take of Commine, of Hystope, and of quick lime a like quantitie, bray them together in a morter, till it bee verie fine, when you would open an impostume, lay it as bigge as an hayfell Nutte vpon the next place, and binde it very hard, and let ir remaine there foure houres, then take it off, for it will make the place dead, and then you may let out the matter without griefe to the patient.

A Catitus Plafter.

TAke of Litrage of gould powdred verie fine, comon oyle, hogs greafe



A Closet for Ladies

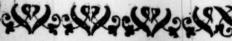
a pound, white Coperas foure ounces, put them all together in a brasen panne, and seeth it ouer a verie soft fire of coales, and trie it continually vntill it come to a bodye, and in the boyling you must cast into it one ounce of good Rose water or two, and now and then a spoonefull, and whe it is come to a good body take it off the fire, and stirre it till it be cold and readie to be made up in a rowle, and then make it up.

To make Populier.

TAke of Populer buddes a pecke, of Hogges greafe foure pound, seeth them both together a quarter of an houre, & then take it off, & straine it, if it be two thin, put in a little waxe.

Bafilicen.

TAke Pirch, Rofin, Waxe, sheepe suer, common oyle, a like quan-



titie, beat these small, and put them in a brasen panne, and melethem all together, then take them of the fire, and straine them through a course simmen colth, for the pitch will not be molten, this is good for all manner of sores, and when you will put in a tent, mix it with the yolke of an egge.

Maturacum poultnis.

Take Onyons, garlicke, dowe, Lillie roots a like quantitie, roft them all in a wet cloth under affies, and then put them in a morter, and beat them small, this is good for all impostumes to breake them out.

A Medicine to heale old fores.

TAke Plantine, bramble tops, Orpin, Betonie, Egremonie of each one handfull, straine them, and put thereto Rosin, and waxe of each a quarter of a pound, fresh Hogs grease, and sheepe suet, of each source ounces, boyle

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A Closer for Ladies

boyle them all together, till the inyce be confirmed, then straine it, & keepe it to raise flesh, and heale old sores.

A Plaster to heale old sores, after they be made cleane, and filled with flesh.

Take Sallet oyle halfe a pint, Lead a quarter of a pound, boyle these vntill they be blacke, and keepe them for your vse.

To clense a sore, and take away the dead flesh.

Roses, Plantine, and still them together, and when it is stilled, then six penniworth of Camphire, and put it into a quart of the water, and set it in the Sunne for ten or twelve dayes, and so wash the sore withall.

S. S.

and Gentlewomen.

A Medicine for a fore sbroase.

Take a pint of milke, halfe a handfull of Collumbine leaves, halfe a handfull of Gafell, and halfe a fcore leaves of Sinkefield, two Tewes cares, and so the partie must we it cuening and morning, and gargase it in his throate,

A Medicine that wil heale any wound or fore, and keepesbis without proud flesh or dead flesh.

TAke halfe a pound of wax, a quatter of a pound of Sheepe fuet, a quarter of a pound Rolin, and a quarter of a pound of Turpentine, halfea pint of Sallet oyle, two handfull of Bugle which groweth in the wood, a handfull of Smallage, a handfull of Mallowes, a handfull of Valerin, a handfull of Grunfell, and a handfull of balme, frampe and ftraine the herbes,

Service Contraction

hearbes, and put the inyce into the foresaid things, being a while boyled, then seeth them together a quarter of an houre, then take it from the sire, and let it stand till it be cold, then take away the Smallage from the bottome, then take some of your Balme water, and put into it so much as will make it greene, and let it boyle together a halfe quarter of an houre, and so take it to your yse.

A Glifter.

Take Camamile, Betonie, Dil, Pellitorie of the wall, lily sope, Rue, of
each a handfull, boyle these in the
broth of a sheeps head, til the broth be
very slippery, then take a pinte of the
broth strayned, and put two of the
Pilles of Diabes, for each a crowne
vaight and a halse, Diacatholice, Dia
aphenicon, of each halse an ounce,
oyle of Camomile, oyle of Dill, of
each an ounce, a little salt, and a Gli-

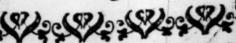
fler: if you will have it breake wind, sut into the aforetaid Commin feed, renell feed, Annifeedes, of each bruifed two good handfuls, and boyle all together, and straine it, and make it as aforefayd, and put in the Glifter.

To take away the heate of a burne or ont of a Scalle.

Take egges and rost them hard as a stone, then take out the yolks of them, then take a frying panne and put in the yolks of the hard egges, and so let it frye til it cone to an oyle, then straine it and anoynt the burne withall then take a bladder and anoynt it with sallet oyle, and lay it to the burne.

To make another Glifter.

TAke running water and ij. handful of Carmon, a handfull of Mallowes, a handfull of Wormewood, a handfull



handfull of Marcury, an ounce, of Commine, two ounces, of Fennell feedes two ounces, of Anifeeds, and beat all your feedes, and fet your hearbs a boyling and straine them.

A Medicine for one that is broken.

Take a quantitie of Comfrie, a quantity of Knehome, a quantity of knotted grasse, a quantity of Riberuorum, and a quantitie of Polipodie, and stampe them altogether, and straine them in ale, and then give the Patient the same to drinke colde, and trusse him vp with some bolster, and let his dyet be but competent, eschewing all slipperie meats, as butter, and such like, provided alwayes, that the Patient keepe his bed sixe or seaven dayes, lying vpon his backe, and sometimes hold his belly with his hand.

To make a Poultis for Swelling

TAke the crome of manchet, and feeth it in milke till it bee thicke, then put in a piece of new butter, about the quantitie of a wale nut or somewhat more.

For the Rhewme.

TAke a little quantitie of Masticke, and as much of Pellitorie of spaine cut in small peeces, sew them in a litle bag of linnen cloth, keepe the bag in your mouth till the Pellitory and the Mastick be consumed, and spit in the meane time as much as you can-

For the toothache and the rhume.

TAke a quantitie of Gum of Iuie, put it in a little bag of linnen, then wet your bag in Aqua vitæ or vineger, & keepe it in your mouth till the Gum of Iuy be confumed, holde the

98 A Closet for Ladies
bag ouer or voon the hollow tooth.

A water for the eyes.

Take a pint of white wine, then heat a stone called Lapis Calaminaris redde hot nine or tenne times in the sire, and quench it eurey time in the wine, the last time you quench your stone stirre it about in the wine, then keepe your water in a cleane glasse, and let it stand, vieto put in your eye one drop or two morning and euening.

For the eyes.

Take Rosemary, Housleek, redde Fennill, and rost an egge, and take out the yolke, beat these herbs together and straine them.

Take of the best saller oyle you can get, & the flowers of wilde primroses

roses and put them into the oyle, and then set it on the fire, and let it boyle halfe an houre very softly, then put it in a glasse and set it in the sunne three weekes, and then rub your temples e-uening and morning. E. C.

A Gargas for to purge the head.

Take a pint and a halfe pint of wine vineger, Musterd seedes, Ginger, Cloues, Nurmegs, Pellitory rootes, about the quantitie of one ounce, when they are beaten, put it into the liquor, and stir them together for the space of a weeke, then gargas it every morning before you vse the oyle to your head.

For a pinne and web.

Take the oyle compacted of the bone of the Goofes wing, & rub it in the palme of your hand that no shiness of the bone do sticke in it and

KN-chitechians

A Closet for Ladies put it in with the poynt of a pinne for

the bignefle of a pinnes head is ynough at once.

For a fwelling.

TAke Barrows greafe, & Sutherenwood, and Aqua vitæ, and boyle it together, and when you have boyled it, straine it in a panne.

For a bone ach.

TAke two or three handfuls of Camamill, a quarter of a pound of Sheepes suet chopt small, and a piece of stonie pitch of the quantitie of a Wall nut, and a piece of leauened bread in it crumbled very smal, boile it in your owne water, vntil it be very thicke that you may spred it vpona cloth like a plaster, and lay it on the place where the ach is for xxiiij.ho wers, and so dresse it three times , if you doe, it will take away the ach.

A medicine to heale an old fore or a new. TAke a quarter of a pound of Rofen, and melt it in a pan till it haue left cracking, and then take halfe as much waxe and a little Turpentine and sheepes suet choped small, and a spoonsfull of oyle olive, and boyle them al together, and when you have done so, straine them in a paile of water, and make it vp euen as you will occupie it, and drawe your plasters thin, and dreffe it three times a day, that is to fay, at morning, noone, and euening, till it bee almost whole, then dreffe it but twice a day, morning and evening, but if there beany coare that doth hinder the healing of it, take a little Mercurie, and put it in two spoonefulls of water, and when the Mercurie is melted in the water and congealed together, take a fether & drop in two or three drops, and lay a plafter vpon the wound, and

it will bring forth the core.

A Closet for Ladies

For an Andcom.

Take halfe a dozen knottes of a yong Oke, and put them in a fire-pan, and burne them to a red cole, and take Bores grease, and fine suet, and two or three cornes of salt and stamp them very fine, and so make a plaster of it, and if it doe draw and heale too fast, lay line vnderneth the salue, and you must dresse it twice in the Winter dayes, and thrice in the Summer dayes.

The Copie of Ductor Stephens water.

TAke a gallon of the best Gascoine wine, then take Ginger, Gallingall, Cynnamon, Nutmegs, Graines, Cloues, Aniseeds, Fennell seeds, Garaway seeds, of enery of them a dram weight, then take wilde Time, Hisope, Lauender, Sage, mynts, red Roses, garden Time, Pellitoric of the



wale, and Rosmarie, of euery of them one good handful, & bray the hearbs very small, and stamppe the spices all together very small, put all together into the wine, and close it fast twelve houres and stirre it divers times, then stillies a Limbecke, and keepe the first water for it is the best, and then keepe the second for it is good, but not so good as the first. E. C.

A dram weight of the seede of Colembyn, brused with halfe a peny weight of Safron drunken with wine, is good for the Ianders, then goe to bed and prouoke sweat, the flowers distilled is good for the same purpose, and against swondings.

Pymypinell.

This herbe is good against the pestilence, to bee taken fasting in a morning, and good against the stone, the rootes sodden condited in suger, may may profit them that have cold stomacks, and are troubled with two much fleame, the Collicke and stone, this roote any way taken is good against poyson.

Mouseare is hot and drie, some vie to give the inyce of this common Mouseare to hinder the colde of a quartan Ague, some vie togather the roots in May, and drie it and give it to them that bee broken, it is good for the bloody flix, the great scouring of the Mother, for wormes both outward and inward, common flixes, for womitting of choller, and spitting of blood and brusting, and specially, for breaking of the braine panne.

The Iuyce of Coste-mary drunken, killeth both small and great wormes in the belly, it is good for a colde Mother, it strengthneth the stomacke whether it be drunken or laid to, and stayeth vomiting, the herbe of his nature.

nature, whether it be strawed, or else persume be made thereof, driueth a-way Serpents, and it is good against their poysons, and it helpeth and strengthneth the head.

Totake out the heat of a burne.

Sheepes tirdles and boyle them, and put them in a pot, and this will heale the partie, and take out the fire, and will keepe good a hole yeare, this hath beene prooued.

To take the heat out of the face.

TAke running water and elder flowers, Plantane, white Daylie rootes, and herbe Robert, put them in the running water, and wath your face morning and euening therewith.

in Nick Spir

106 A Croses for Ladies

A Medicine fur a canker in ones mouth, prooned.

Take running water, a handfull of woodbinde leaues, a handfull of Collumbind leaues, a little Rotematy, and boyle them together until halfe the water be wasted, then put two or three spoonfuls of hony, and a piece of roch Allom, three or foure spoonfuls of wine vineger, and washiyour mouth with the sodden hearbs therof three or foure times every day.

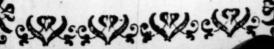
The Dict drinke.

First buy a diet pot of the common forte, such a one as will cost eight pence or tenne pence, then put into it halte a pound of Liquorsh scraped and brussed, halte a pound of Ansseedes brussed, three quarters of a pound of Lignum vitæ bought at the

And Gentlewomen. 197

the Turners, and one ounce of the barke of the same wood, which is to be bought at the Apothecaries, halfe a pound of Raylons of the Sunne, the flones taken out, a good handfull of Scabias, an ounce of Chiny, two ounces of Salyprilla, a quantity of white wine, then fill vp your potte with faire water, fauing a pint, then couer your potte with his couer, and close it round about the brimme with palt, then fet it on a foft fire of coales, and let it boyle three houres till the fourth part bee waited , then ftrayne it, and let it fettle, and then put the cleerest into bottles, and drinke it Morning and Eucning a good draught, and to vie fourteencor fifteene dayes.

If you put a little of the wood into the fire, and there fry out of it like oyle, then you shall be sure it is good.



108 A Closes for Ladies

For the head ach.

Take two handfuls of Veruine, Betonie, Camamill rootes, Letcie,
Checmete, of each fort two handfuls, dride Roses, put them to powder of Nutmegs, boyle this in white
wine, take out the hearbs then and
frie them in oyle oliue, and straine
them in a cloth, and make an oyntment therof, and therwith anoint the
head.

To make the rhume medicine.

Take five quarts of Hyssop water, it must bee stilled when the Hyssop beareth slowers, and one pound of English Liquorish cleane scraped, and cut in litle pieces, bruise them & then put it to the water, and boyle them till halfe bee consumed away, then straine it in shallow pans, & set it in the sun & stir it now and then, and somtimes set it over the fire, vntil you see

fee it wax blacke, but do not boyle it, and it will wax stife with standing in the Sunne, that you may make it in

Afalue for a cut.

little cakes.

Take fixe ounces of Deere suet, foure ounces of Wax, soure ounces of Rosin, and stampe and straine Velerian, and take the suyce as much as you think wil make the saule looke greene, and boyle them together till it come to a salue.

A medicine for the flooping of the liner, very good for them that have the I anders.

Take Parsley rootes, Fenellacots,
Asperigon roots, Kneeham roots,
Succory rootes, of each the weight
of halfe a crowne in siluer, of Docke
roots, the weight of xij. pence, a little
Liquorish, halfe a handful of Raysons
of the sun stoned, boyle this in three
pintes

pintes of water vnto a quart, and make Almond milke with the liquor, and take two partes of fweete Almonds, and one parte of bitter, fweeten it with Suger, or els with fyrupe of Sucory, and drink a draught three morninges togethere, fasting three houres after it, vse this every moneth: you may put in Barly hasked, Saxifrage, Maiden-haire, & Liverwoort.

For the Wormes

The powder of Coralina to the weight of three pence in filuer, giuen in the water of Couchgraffe.

A Medicine for a quartan or a tertian Aque.

Take the herbes and rootes called Harts-horne, Plantan, and Orpine, and beat them with a little white wine and a little bay falt, and so lay it on a cloth vpon your wrist, and Gentlewomen.

but bee fure it lie on the pluces on both armes changing it every twentie foure houres, but be fure that you lay it two houres before the fit cometh, and hang nine rootes of the Hartshorne about your necke in a filke bag, so that it may lie vpon the hollow of your stomacke, and let it hang till your Ague be gone, you must not wash neither herbes nor rootes, and you may take the roots whe you cannot get the herbs, and vsc them so.

For the Canker in the mouth or ramnesse, or in the lower parte of the woe.

TAke red Fennell, red Sage, Hysop, Hearbe-grace, Rosmary, Hony-suckell leaues, Fethersewe, and Day-sie leaues, of every one a like quantitie, in all two handfulls, boyle these in a quarte of running water to a pinte and straine it and let it stand vntill it be cleere, and put therein a spoonfull of English hony, & as much roch allom beaten as the bignesse of a beane,

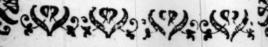
H and

T12 A Cioset for Ladies.

and boyle it together, you must take off the skumme as it doth arise when it is boyled, put it into a glasse and keepe it for your vse, you must warme it when you take it.

A good medicine for an Andicome, or a Boch, or a fore breaft or Carbunckell, to ripe or breake them.

Take a quantitie of Herb-grace, a quantitie of leuened bread well crummed, halfe a spoonfull of sallet oyle or Capons greace, and boyle these in good ale grounds, and keepe it with surring vntill it be thicke, and when you doe vie it, laye st vpon a cloth warme to the griefe; this Medicine will resolue a breast without breaking of it, without it need breaking, you must change it every day once.





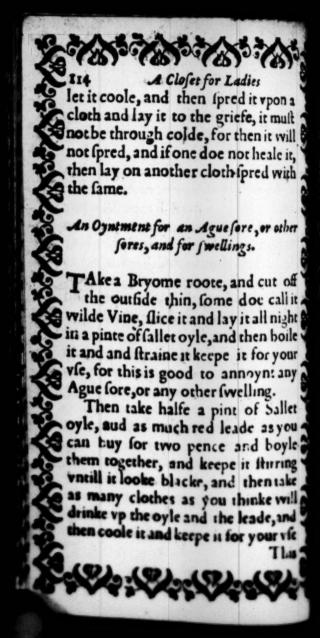
A good salue to heale it when it is broken.

quantity of Rosin, of each a like quantitie, you most scrape the waxe and beat the Rosin, and boyle them together till they be melted, hen take Lapis calaminaris and Roch alom as much as a beane of each, and beat them together, then take a spoonfull of english hony and put them together and boyle them againe, and when it is well boyled, poure it into cold water, and make it vp in rowles, and keepe it for your vse.

A medicine for a brufe.

Take a quantitie of stone pitch and as much gray sope, and beat the pitch finely to powder, and boyle them together with stirring vntil it be boyled, then take it off the fire and

H 3



and Genelewomen. 115

This oyle and lead is good for Ague fores and other fores Remember to annoynt the fores with the oyntment aforelayd first, and then lay on the seare-cloth, doing this twice a day vntill the fore be hole. And for swelling, you must vie the Bryome rootes and the oyle onely, without the oyle and the leade.

An approoned goed medicine for the Tooth ache.

TAke Rose water either red of Damaske, take yellow wax a quantitie, and fresh butter of either an equall quantitie, and mingle them together in a dish vpon the coles, and then take a linnen cloth and dip it therein, and lay it vnto that side of your lawe where you are greened, as hot as you can suffer it, the hotter the better.

Take two tofts of cheat bread and toft them & two egs and roft them

let it coole, and then tyred it rons cloth and lay it to the griefe, it mult mothe through colde, for then it will not fored, and if one doe not healt it, then lay on another cloth spred with the fame.

An Oyutment for an Ague fore, or other fores, and for swellings.

the outside thin, some doc caling wilde Vine, slice it and lay it all night in a pince of sallet oyle, and then boile it and and straine it keepe it for your vse, for this is good to annoyn; any Ague sore, or any other swelling.

Then take halfe a pint of Sallet oyle, and as much red leade as you can buy for two pence and boyle them together, and keepe it stirring vntill it looke blacke, and then take as many clothes as you thinke will drinke vp the oyle and the leade, and then coole it and keepe it for your vse

This

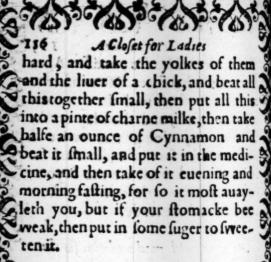
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A midicine for the bloodie flixe.

TAke two tofts of cheat bread and toft them & two egsand roft them



For the pin and web in the eye.

Ake the inyce of Parfley and halfe as much Hony; and with a fether drop it in the eye, and after it you must put in some powder of white Suger Candye: you must dresse it thus very often.

For to take the Aque out of any place where it doth fall.

Ake Succory a pretty quantitie of it, and mingle it with some Bores

and Gentlewomen. 217.

greace, and spred it upon a cloth, and warme it against the fire, and lay it to the place.

A medicine for a greene wound.

Take a quantitie of Venice Turpentine, and wash it in faire water
vntill it be white, then take a Plaster
therof, and lay it to the wound vntill
it be drawne, then take the yolke of
a new layde egge, and adde thereunto a small quantitie of fine wheate
flower, and a little fresh butter, and
mingle them together, and lay a plaster thereof vnto the wound after it
is drawne with the Turpentine.

Another medicine to be taken inwardly for a greene wound to be taken in Ale ur Beere, it is likewise good for the shutting of a bone broken or cut, either for man or beast.

TAke iuyce of an herb called Bonwort, to the quantitie of iij. or iii).

H 4 fpoor



spoonfulls or more, according to the stomacke of the partie that is hurt, take the same quantitie, and drinke it either in the milke or as before it is written, three or source seuerall mornings fasting, or oftener as you will, and it will free the partie, when the hearbe is not to be gotten, then you may vie the roote, and it will availe as much.

If the wound be but little, either this drinke or the Medicine before written will helpe it, but if it be great, you must vie both together.

For to beale wounds and forcs.

Take Rosin and Frankinsence, of each source ounces, of white waxe and Olibinum, of each three ounces, of Hartssuet, of Mastick, of each an ounce, Venice Turpentine, halfean ounce, white Wine a pint, melt the Rosin, the Frankensence, and the Hartssuet together, then straine it in a pan,

personers of

and Gentlewomen. 119

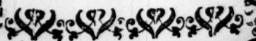
a pan, and put thereto all the white wax, the Olibinum, and the Masticke made into powder, and the white wine, boyle all together till the wine be consumed, then take it from the fire and stirre it till it be almost cold, then put in the Turpentine and make it in a rowle, and keepe it in parchment or lether,

Another.

Take Callamint, Penniriall, of each a like quantitie, Nigella romana feede a little bruifed, a French crownes weight, boyle all these in posset drinke made of white Wine and ale, a good draught evening and morning you must drinke.

A medicine for the head burning that long time hath beene.

Take a quantitie of the gaule of a Hare, and as much of hony, mingle it together a good while till it turne redde, and with it annoint the forehead.



120 and Gentlewome's.

head, and all the aking shall be taken away, this is a precious oyntment.

Fortofetin a bone, or heale a broken bone in man or beaft.

Take the inyce of Comfrey rootes, and wilde Daysie roots, and boile them with Turpentine and yellow waxe, and make a flat platter thereof, and lay it to the griefe, and fet splinters about it, and rowle it to keepe it shifte once in fine dayes till it be hole; and you must drinke the inyce of the roots nine dayes in some liquor, enther to man or beast when you vie the plaster.

For the Tyles.

Take newe milke and thicken it with ormeale finely fifted through a fue, & let it feetie till you make it vp like suppositaries, & then take it vp & cut off the outside of a race of ginger, and

and Gentlewomen. 121

and grate it and mingle it together, and some of it make into a Plaster, and the rest make like suppositaries, and put them up as you do suppositaries, and then lay a plaster on the place, and when this until you be hole.

A medicine for a Rupture is old or your.

Ake Knotwort, Ribworte, and Comfrey, of each a like quantitie, wash them and drie them, and set them in the ouen when the bread is drawn to that they may drie, then beat them to pouder, them force them finely through a fearce . fiue, and looke what quantitie you take of the herbs when they be dried, take halfe so much Anifeede, & beat them with the pouder of the hearbs and fearce them, & thus having made the pouder ready, whe you wil vie it, take as much of the pouder as you can lay or take vpon a good broad fix-pence, and xiiij mornings together give it

A Clofet for Ladies to the partie to drinke with a little malmeley fasting, & anoynt the place first with oyle of spike mingled with any other thing, and also take such hearbes as you make your powder of, and feeth them in faire running water, till they be tender, wringing the water out of them , & apply them to the place as hor as the partie can fuffer it, and let not the truffe be too straight, lest it force the place do rent further, take the hearbes to make the powder with, in May when the chiefe ftrength is in them, the Knotwoort beareth a little wachet flower : This hath beene propued on children fo borne, and on olde folkes that have beene foure and twentie yeares broken, and doth helpe al forts that with good viage doe not abofe themselues through the grace of God. Something of

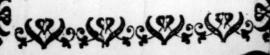
and Gintlewomen, 113

A medicine to be vsed during all the time of the Plague 2000 against infection.

Take a pint of white wine vineger, and halfe a pinte of Iene, Trekell, and a quantitie of Bole Armonacke, otherwise called Bolles verus, and stirre all this together, and take three spoonfuls in the morning, fasting, and tast an houre after it, and take three spoonfuls an houre after supper.

Another medicine for paine in the bead.

SEeth leaues of Agrimony with hony, and give them to drinke, and draw it through a cloth, and keepe it in a box, and therewith anoynt your head, and wash your head in the water that Celondine is sodden in.



A Clofet for Ladies

For aking of the bead.

CEeth Pulioll in Ayfill, and then put in thy nofe.

Take Rue and Fennell, and feeth them together in water, and wash therewith the head.

For a Fellon of the head that Swelleth the bead of a man : and that before written is for the fame.

Take the greate of an Hart, and homy,and barly meale, and ote treft, and moicell, and stampe them together, and after shaue thy head, and then make a plafter, and lay it to thy head as hotte as you may fuffer, and E let it lie vntill it be whole.

For all Ebilles of the head.

Ake Revy , and stampe it swith frong Ayfill, mingle it and wash the head therewith.

KN:GKN:GK

and Gentle women.

For the Carbuckle or the Postume in the bead.

Ake wormewood, Origanum, Mayron, byeuen, porcod, & Iceth them in fweet wine, and after that wring out the inyce, and lay it to the eares of the ficke with two sponges, as horre as he may fuffer it, and vie this two or three times, and hethall be whole.

For the Myerims, Postume, Dropsie Fe uer, and all maner of ak nos in the bead.

Ake a penny waight of the roote of Pellirory of Spaine, fixe pennie waight of Spicardy, & grind them together, & feeth them in good vineger, and take a faucer full of honie, and five of mustard, and when the houor that is boyled, is cold, doe thereto the hony & the mustard, & stir them wel together, & let the fick vie therof,

CYCC X

A Closet for Laties halfe a spoonefull at once, and hold it still in his mouth, the space of two creedes faying, and then spitte it out into a veffell, and do fo ten or twelve times, agood while after he hatherten at noone, and a little before euen ten or twelue times, and when hegoeth to bed, take and wash cleanehis mouth, and drinke a draught and go to bed : vie this Medicine three daies and he shall be whole. For the head-ache, Ake and seethe veruine and beto-

Take and see the veruine and betonie, silles and wormewood, and wath the parties head with the water thrice in the weeke, and take the herbes and make a plaster, and lay it vpon the vpper part of the head, on this wise.

Take the hearbes aforesaid when they are well sodden, and wring out the iuy ce of them, and then stamp

elissocks socks

and Gentlewomen.

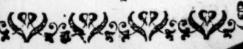
them in a morter, and temper them with the water wherewith they were fodden, and doe thereto the branne of wheate, for to hold the iuyce of the hearbes that it goe not out, and make a garland of linnen that may go about the head and binde the plafter vnder it, as hotte as the ficke may fuffer it : doe this three times, and hee shall be whole.

Another.

CLoues comfort the stomacke, liuer, and heart, they helpe difgeftion, and stoppe the bellie, they quicken the eye-light, and scowre away the cloudes and haves of the eyes, they are good against all cold difeafes, and they are hotte in the third degree: the oyle of Clones is verie good for a cold flomacke, and for any other places that hath neede of warming, as a rumaticke braine.

Another.

Ake of litrage of lead foure ounces, of vineger, of common oyle a



A Closes for Ladies like quantitie, put the lytrage in a morter, and put a little of the vineger, and a little of the oyle, and beat them together, and so put in by a little and

a little all your oyle and vineger, you must beat them two houres together, it must be as thicke as your greene falue.

Another.

TAke Camphorie, harts-ease, priuit, plantan, of each of them one handfull bruife thefe in a morter, and put thereto of ilarts fuet, of fine fallet oyle, of each dimme a lib, mingle them well together, and let them stand foure and twenty houres, then put them into a panne or braffe pot, and put thereto of waxe and rolin broken in small pieces, of each dim a lib, let these boyle all together ouer a fire of coales , vntill the inyce of the hearbes be consumed, and the oyntment greene, then ftraine it through a canuale cloth into some pot that you! will keepe it in , and when it begin-

of Chicaso

and Gentlewomen. 139
neth to be colde, then put thereunto

foure ounces of venis turpentine, and ftirre all together vntill it be through cold, and keepe it close couered.

cold, and keepe it close con

The wine of eyebright is made for the eyes, by putting the herbes into the muste, vntill it be perfit wine, whole vse make the eyes of olde men looke yong, for it is hot and die, and the powder of it beaten with the yolke of an egge it worketh the same effect: the powder received in wine, if the wine be too strong, put in fenell water or sugar.

A medicine against the stone in the backe or bladder, or for the weakeness of the backe, which is called the running of the raynes.

Take venis Turpentine, and wash it in rose water, either redde or damaske, vntill it looke white, then diuide it into small balles, a syou may I a easily casily swallow to the full quantitie of three hasell nuts or there about, then rowle them in sugar, to make them the more easie to be taken, then swallow them in the morning fasting, and fast foure hours after them: take these three or soure seuerall mornings together, and in your water you shall finde much grauell.

To take away the pocke-holes, or any foot in the face.

Take white rose water, and wette a fine cloth therein, and set it al night to freeze, and then lay it vpon your face till it be drie, also take three poppies, the reddest you can get, and quarter them, taking out the garbitch, then still them in a quarte of new milke of a red Covve, and with the water thereof wath your face.

and Gemlewomen.

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To make Snow.

Take the whites of fine or fixeegs, a handfull of fine sugar, and as much rose water, and put them in a pottle of cream of the thikest that you can get, beat them all together, as the snow riseth, take it off with a spoone, you must beat it with a sticke clouen in source, then must you take a loase of bread and cut away the crust, and set it vpright in a platter, then set a faire rotemarie branch in the loase, and cast your snow vpon it with a spoone.

A medicine for the Piles.

Take the hearbe called Torchworte, is groweth hie, bearing a yellow flower, blowing out of the stilke, the leaves looke hoare. Take the myce & boile it with fresh butter a little while, & keepe it close, and vse

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it evening and morning: If a cowes vdder be flung or bitte with a fnake or fuch ltke: Take Lauender, and wash it cleane, and seeth it in chamber-lye a good while, and wash it covering and morning warm, you may put a little fresh butter in it, and milke out the milke when you doe it.

A medicine for a cold, or burne, or a fore approved.

Take water-sucke leaves, otherwise called Hogwort leaves, alliehouse daises, zootes and leaves and all, and a little Rosemary, and wash them and stampe them, and boyle them in creame virull it is butter, then straine them, and apply it warme to the burne, pricke the water-sucke leaves, and lay them upon it, dressing it twice a day, or three times if need: To heale a fore, put Turpentine, Rosin & wax in it, dressing it with linte.

Gentle Control

and Genelewomen. 133

For the Bich.

TAke stich-wort, bay leaves, holly without prickles, of each a like quantitie, the iuyce, graines beaten, drinke it in ale warme.

For the fwelling.

Take the grounds of good Ale, glouers shreddes, and white bread crumbes, and sage, boyle them, lay it to warme, it will swage the swelling and the ache: it hath beene proued.

For the touth-ache.

TAke organny that groweth close to the ground, that tasteth like a- qua-vitæ, bruise it, lay it to the tooth:
Bursa pastoris will doe the like.



A Closet for Ladies

For a bite, or Fellon ,or fore leg.

Sheth a pint of ale to two spoonfuls like a syrope, pricke a piece of leather with a pin, it will heale it without breaking: if it be broken, take linte to the whole with some salue, let it lie foure& twenty houres, lay it to cold.

For the scratches of a borfeslez.

Take vineger, mustard sede, gunpowder, boyle them, wash it hotte three or toure times, proued.

For the Gowt.

Take Mallowes, and sengren, beate them and boyle them in water, then straine them, put oate-meale groats soked in vineger and sheepes suct vntryed, then boyle it to a polesses, proued.





Take a red onyon cutte finall, fixe and fiftie graines of pepper beaten fmall, bind it to the wrist halfe an houre before the fit, proued.

For the Gowt.

Take a fat whelpe of a hound, scald him like a pigge, garbage him in the side, take then red nettles stamped with two ounces of brimstone, and source ounces of turpentine, source yolkes of egges, stuffe the belly and sow it vp, rost it with a fost sire, saue the dripping, oynt the place, it is good for snewes, and crampe, it will drive it away: for the like effect, oyle netles, white wine, boyle them, apply them hotte.

For the Clatica.

Take the gail of a Buil, a quart of

wort, boile it to a pinte, the put in a



pinte of vineger, frankyncense one ounce in powder, of hony hilfe a pound, of commin halse a pound in powder, boyle it thicke, spread iton leather, lay it to hot two or three dayes, lay a linnen cloth betweene the skin and the plaister, the plaister will serue many times. proued.

For the tooth-ach.

A Llom as big as a walnut, garlicke an handfull, twentie beanes, an handfull of bay falt, pepper, beate it together, lay it to the wrestes twentie source houres or more.

For to floope the bleding of a wound.

The wooll of an incke-horne, fanguis draconis, & boll armonycke, and the whites of egs layd on towe.

For



and Gentlewomen

For a Consumption, either for old folke yong folke or children.

Take longwort, liverwort, hartes tongue, of each an handfull, red mints, red fag, mother of time, of each an handfull, parfley and fenell rootes, the piths out of each halfe anhandfull, liquorish on ounce, annile seedes on ounce, sceeney two ounces, turbet on ounce, tappe dates two ounces, synamon on ounce, nutmegs two ounces, white fuger candy foure ounces, rubarb on ounce fliced, stamppe your spices and your seedes, & beate your other pottecary stuffe, & shred your herbs fine, boile it in iij. quarts of renish wine to a pottell, strain it, drink foure times a day a quarter of a pinte at a draught warm put in a peniworth of aqua-vita, & as much fafron beaten fine : after it is boyled, if the patient be laxative, leave out your rubarb, sceeney & turbith, & boile it in

CONFORM

138 A Closer for Ladies

wort, it is best in wort for children:
for aged folkes that be weake, boyle
in the stone of a Bore, or a ramme, or
a horse is best, on stone is enoughfor
one time, you may take one to purge,
and another not to purge, the second
receipt is enough, purge first.

To make one make water.

TAke the stones and kernels of peaches and medlers, beat them fine, fiftthem through a searce, put in sugar, drinke it in white wine.

TAke a pound of stone pitch, as much rosin as a great walnut, and twice so much cleane waxe, a spoonfull of steels Swines greace, boyle all progether til it be well mixt, then coole it in water, then oyle your handes with hogges grease, and labour it in your hands an houre and more, till it will cleaue to your hands.

For

and Genelewomen. 139

For the same and the less for all manner

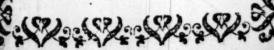
of aches.

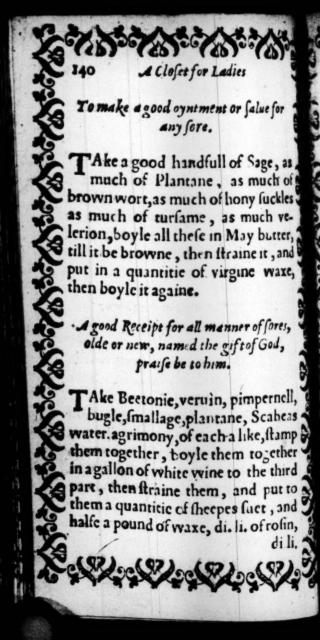
Take Rosin dim. li. of perroson a quarter of a pound, as much gum masticke, a quarter of a li. of Deere suet, two ounces of turpentine, one ounce of cloues and mace, of saffron two ounces, and the licoure must be oyle of roses.

For a great ach, a soucraigne medicine.

Take sparmacitie eight peniworth, of oyle two d. of blacke sope halfe a pound, of butter without falt, as much as a great walnut, boyle it on a chasindish of coales halfe an houre, stirring it well from the the bottome, spread it on leather, as broad and as long as your griefe, lay it too source or fine dayes.

To





and Gentlewomen. 14 I

di. li. pitch, one li. of olibanum, and boyle it againe.

For bagges in the Fundament.

Take the yolke of an hard egge rofted, the oyle of roses, and marygold leaues, beat it together, lay it to hotte.

To kill a Tetter.

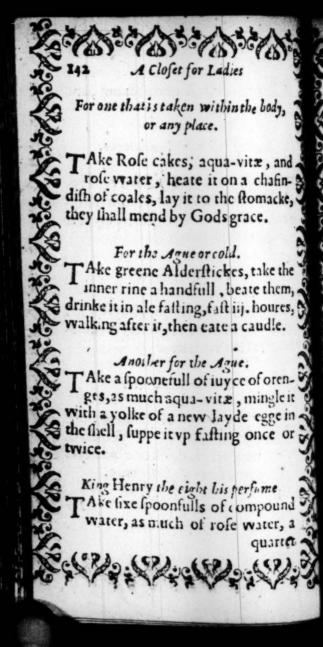
Take greene Broome, boylett in a quart of running water halfe a-way, bat hit with it.

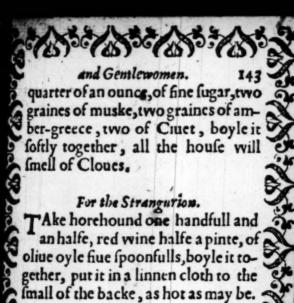
For the Peffilence.

Take the water of Beetony, and pimpernell, turmentill, of Scabeas, mixe it together, drinke it nine dayes fasting, and seare no pestulence.

For







To cleanfe a wound.

TAke beere, wheate, stone flower, and hony, boyle it thicke, apply it to.

For the Gowt.

TAke wormwood, walwort, wheaten branne, Cow dung, and falt, boyle it in vineger, plaister it to the griefe.

For a Bruife.

T Ake halfe a pinte of fallet oyle, as much oyle of roles, as much aqua-

-(92) - (92)

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vitz, and three or foure scoure smalls, that beare shelles, stampe them small, boyle them to oyle.

To keepe one Laxatiue.

TAke a new lade egge, put out the white, then put in new butter ynfalted, heat ir, then eate it, yfe it often.

Two remedies verie good against wormes in little children.

Take floure of wheate well boulted as much as will lye vpon three crounes of gould, and put it in a glaffe and power into it well water so much as will steepe the sayd floure, and make it looke as it it were milke and no thinner, then give the childe drinke of it, and you shall see with his excrements the wormes come forth dead, which is a verie good remedy.

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The

and Gentlewomen. 145

The second remedie against wormes.

For children that be so little, that the medicine cannot be ministred at the mouth, you must take verie

the medicine cannot be ministred at the mouth, you must take verie good aqua vitz wherewith you must wash or wet the stomacke or brest of the child, then power it vpon the said place with the pouder of fine myrhe, and lay the child downe a little while with his brest vpward, and you shall see incontinentlie the wormes with the childes dung come fourth dead.

To heale children of the lunaticke disease which happeneth unto them by reason of a worme with two heads that breedeth in their bodies, the which worme comming to the hart causeth such a passion in the childe that oft times it killeth them.

Take the tender stalkes of a wilding Tree and dry them in the shak 2 dowe,



(R) of (R) of 146 A Closet for Ladies dowe, then ftamp them well and fift them, and take of the faid powder and rootes of Gention and of long Pyome of each of them a quarter of an ounce, and a quarter of an ounce of myrhe, all these well beaten to pouder, you must put in a dith, or in some other vestell, and moist them with a little water, then take of it with your two fingers, and wet the lippes and mouth of the childe, doe this three or foure times, and you. fhall fee the worme come forth dead with the excrementes.

A remedie for the falling sickenesse.

TAke Germander gathered in may when it is in the bloffome dry it in the shadowe, and make it in pouder and when you will vie it take the yolke of an egge or two, and ftir and breake it with a spoonefull of the said pouder, then feeth it, and give it to the pacient to eate, doe this morning

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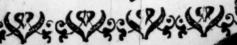
and euening eight daies, abstayning from wine, carnall Company of women, from all pulse, beanes pease, fetches, tares, and such other from Salates, salt fish, and from all other things which are hard of concoction and digestion a verie good and notable secret.

A remedie to core the bytinge of all vene-

As some as the partie seeleth himselfe bitten with any venemouse beast, or as soone after as may bee, take greene leaves of a figge tree, and presse the milke of them three or source times into the wound, and for this serveth also mustarde seed mingled with vineger,

To drawe an arrow bead or other yron cut of a wound.

Take the iuyce of valerian, in the which, wet a tent and put into the K 3 wound



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wound laying the said hearbe vpon it stamped, then make your binder as best sitteth, and by this meanes you shall drawe forth the Iron, and after heale the wound.

For a knocke or falle, causing abunch roon the head.

Take an ounce of bay falte, raw hony three ounces, Comen three ounces, Turpintine two ounces, mingle all these well vpon the fire, then spread it vpon a lynnen cloth, and make thereof a playster, and lay it hot to his head, the which will assume the swelling & heale the hurte.

A secret remedie against the plurisie.

OPen a white loafe new baked, in the middle, and spread it wel with good Treacle, on both partes, upon the crummy fides, and heate it at the fife, then lay one parte upon the place, of the disease, and the other parte on

and Gentlewomen.

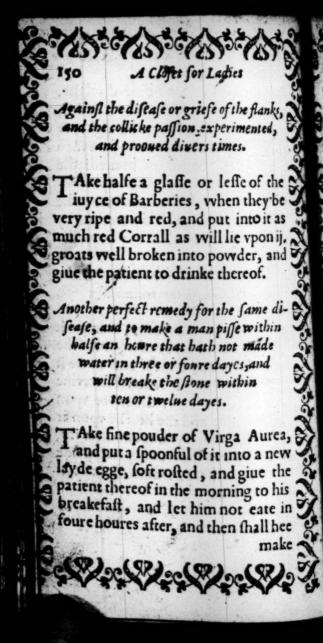
the other side of his bodie directlic, and so bind them that they stir not, leaving them so a day and a night, or vntill the impostume breake, and then take away the bread and immediatile, the patient will spit forth the putrisation of the impostume, and when he hath slept a little, let him eate, and by Gods helpe he shall shortly be well.

A very good remedy for a wound with a fword, staffe flone, or such like.

Take Taxus Barbatus, stampe it and take the inyce of it, and if the wound bleede, wipe it and make it cleane, washing it with white wine or water, then put the inyce vpon the wound, and the hearbe vpon it out of the which you tooke the inice, then binde vp the wound, and in one day you shall see a wonderfull effect.

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Pot Stock St



and Gentle women.

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make water in lesse then hasse an houre, and let him vse this for the

houre, and let him vie this for the space of tenne or twelue dayes as a-foresaid, the patient shall voyde the stone without any paine or griefe.

A remedy for spitting of blood, occasioned by the breach of some vayne in the breast.

TAke mise dung beaten in powder as much as will lie vpon a groate, and put it into halse a glasse full of invector plantane with a little sugar, and so give the patient to drinke therof in the morning and evening continuing the same, he shall be sound.

Against the griefe of the lungs and spitting of blood, a remedy experimented and tryed.

Take an hearbe called farfara or Tusfilago of the Apothecaries Vngula Cabellina, in English called Colts A Clofet for Ladies

Colts foote, in French, pat delion, incorporate it well with the larde of a hogge chopped, and a new layd egge, boyle all together in a panne, and give the patient of it to eate nine mornings, this is also good to make one fatte.

Against stincking of breath.

Take Rosemary leaves with the blossoms, if you can get them, and seeth them in white wine with a little myrhe and Cynamond, and you shall finde a marueilouse effect, if you vieit often in your mouth.

Against the biting of a mad donge, and the rage or madnes that followeth the partie b tten.

Take the blossomes or flowers of wilde thistles dryed in the shade and beaten into powder, halfe a nut-shell full, put into white wine and drinke

and Gentlewomen. 153

drinke it, and in thrice taking it you shallbe whole, A thing tried and experimented.

A medicine for waterift eyes.

TAke a redde coleleafe, and anoint the leafe with the white of an egge when you goe to bedde, lay the same to your eyes.

A medicine for sore eyes.

TAke a litle ground Juy, and straine it & woman's milke together, and let it be somewhat greene of the Juy, and then drop a drop or two into the eyes.

Another for the fame.

Take Fannell water stilled, and line a hony, and mingle them together, and put a drop or two into the eye, these are appround.

To



A Closet for Ladies

To make water for the eyes to kill the beat of any fore.

TAke redde sage and boyle it in Smithes water, vntill the third part bee confumed, then straine out the fage very hard, and put into ita quantitie of the liquor, a peny worth of Allome, and as much of white coperas, after you have taken it from the fire, and annoynt your eyes therwith.

Another for the fame.

Ake the leaves of redde brambles, and of plantan, and hony-fuckles, and boyle all them in running water, from a quart to a pinte, and vie it to the fore.

> A medicine for the pinne and wibbe in the eye.

ke the white of an egge, being hotte, take ont the yolke cleane and Gentlewmen. 155

and put thereto a good quantitie of fugar-candy, then straine it hard through a cloth and therewith make a water, and every day two or three times droppe it into the eyes.

A medicine to cleare the fight.

Tas much as a nutte and breake it into powder, and binde it in a linnen cloth, and let it lie in the water xij. houres, then take of this water and put in your eyes, and it will cleare your fight.

For a pearle in the eye.

Take red Fennell, and the leaves and roots of white dasies, vie them without any liquor, and put together three spoonfulls of either of them, then take one good spoonfull of clarified hony, and two or three spoonfuls of womans milke, and drop this into



into your eye three or foure times a day, and if there bee any fight in the eye this will cure it.

For eyesthat are blafted.

Take a tost made of broune bread, and lay it in redde wine that is not mingled, and let it lie vntill it be soked halfe an houre, then put it into a fine cloth, in two pieces for each eye one, and the fine cloth must be betweene the eye and the tost, dresse it when you goe to bedde at night.

To purge the head and eye fight.

Take the invec of Hei-hoo, and put it into your nostrels, & the sleame hall follow and the running water.

For the eyes that be red and fore.

TAke Fennell, Verueine, Roses, Salendine, and Rue, of each two ounces, and Gentlewomen. 15 7 ounces, and distil it all together, and when neede is, then put a droppe or two into the sore eye, for it is good for all manner of diseases in the eye.

Against the payne of the eyes.

Take the yolke of an egge rosted hard, and layd to with rose oyle and saffron, the suyce of Basill put in.

For to fee well.

TAke eye bright, red Fennell, of each halfe a handfull, of Rue one quarter of a handfull, cause these to be distilled, and wash your eyes daily with the water.

For the taking in the legge.

TAke a peice of foure leauen, and as much barme, and as much blacke sope, and temper them all together, and so spread it vpon a linnen cloth



cloth and put it to your legge where the heat is, and change it twice a day, and by Gods helpe it will heale you in three or foure dressings.

A dyet drinke for the consumption.

Take a gallon of running water, measured by ale measure, and put thereto an ounce of Cynamon, an ounce of cloues, and an ounce of mace, a dramme and a halfe of Acter rootes, and boyle it vntill it come to three quartes, let this be your one-ly drinke till you do mende.

A medicine for the headache.

Take a handfull of Rosemary, and a two handfull of Bettony, and a spoonefull of hony, and seeth them al in Malmesey, and wash your head therewith.

Ano-



Another for the head ach.

Take five nutmegges, and grate them, and feeth them in malmefey till they be thicke, and make a plafter thereof and lay it to your temples.

For winde and shootings in your head.

Take Egremony and Cynamond, and bay them, and put them in ale and lay it to the temples of the head, and if the paine remove, lay it where the paine removeth.

Another for the bead ache.

Take a handfull of Camomill, a handfull of penneryall, a handful of sage, a handfull of wheate branne, chop them altogether smal, and boile them in a pinte of sharpe vineger till they be thicke, and thereof make a playster and lay it to the temples of the

Chechechecheche

the head as hotte as you may suffer it, and it shall (by Gods helpe) doe you good.

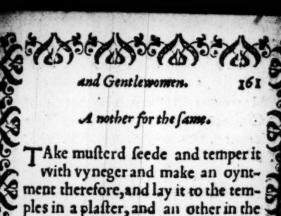
Another for the same:

Take a piece of raw beefe, and lay on the nape of your necke, and shift it every night when you goe to bedde, and vse this as often as you see good, proued.

Take an ounce of oyle of Roses, two ounces of white Vineger, iii. ounces of plantane water, mixe these together, and wette a linnen cloth in it, and lay it to the temples.

Take Housleeke, and Garden wormes, the greater part being Housleeke, stampe them together and put thereto fine flower, and make a playfer in a fine cloth and lay it to the forehead and temples.

Amo



A medicine to keepe up the pallat of ones mouth.

he be hoale.

nape of the necke behind, where it is not fore, and it will awoyd and short-

Take a peece of wheaten leuen, and Commen seede beaten in a morter, a quantitie of bay salt, and redde Rose vyneger, and redde Rose water, put them into a bag of cloth, and lay it to the mould of the head.

Todry vp Rume in the bead.

TAke a quantity of dried role leues, the flower of Camamell, Baffell, L 2 Margerum A Closes for Ladies 16:

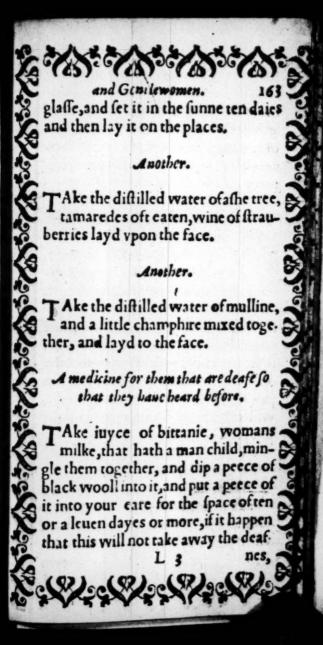
Margerum all dried a quantitie of Cloues and mace, grofe brusted, a nutmeg, and a quantitie of dill seed, all quilt in a cap.

A Poulsisto coole any place either face, or any where els, that is red and full of beat pimples.

Take housleeke, mallowes, pursaline, water roses, called numium, beate all these, and take the suyce of them, and put a little oyle of Roses to them, and wath the place with it, or stamp the hearbes till they be thicke hke pappe, then seeth it with a little rose oyle and waxe, and then you may lay it on as a plaster.

Against red pimples of the face.

Take an ounce of camphire, as much of brimstone besten, mith, frankincense, of each foure drammes, of rose water a pound, put al these in a glasse,



and seeth it with oatemeale, and inice of bittany and lay it plaister wise on uer the eares, night and day for a long time.

To make an oyntment for a red face.

Take halfe an ounce of Camphire, and two drammes of Sulpher vinum, and an ounce of Deeres suet, melt the suet and the camphire together, then put in the Brimstone, fine ground in a morter; when the other is almost cold, and set them no more ouer the fire after the Brimstone is put in, These being laid on all night, will take away the heate and the pimples.

Another for the same.

TAke as much Mercury sublimate as a Beane, and twise as much Allom, and put them in a quart of faire water, and boyle them together with

S

two

and Gentlewomen. two or three cornes of bay falt, and bath your face therewith often in a day with the came cold, and open the pimples with your fingars before you wath. For a fore mouth. TAke a quart of white wine, and a quart of water, and a pinte of wine vineger, and a good quantitie of red fage, two penyworth of mercury, and halfe an ounce of roch Allom, and a quantitie of Rosemary, and a greater quantitie of woodbine leaues, and iij. spoonfulls ot hony , feeth them together, and wall your mouth therwith. A water for a Canker and fore mouth. TAke rolemary crops, Sage, Singfield, woodbine leaues, Allom, liue hony, or pure hony boyled in spring water, halfe a handfull of each of the foresaid hearbes boiled in three pints of water, til they be boiled a thirdpart away, & keepe it in a glaffe ftopped,

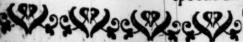
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and wash your mouth with it.

For a canter and fournes in the mouth.

Take two ounces of fine coperes beaten into pouder, halfe a pint of faire water, and let the fame coperes be distilled or steeped, two dayes and two nights, then straine the fame tost-ly through a linnen cloth, then take a spoonefull thereof, and wash your mouth & throat with it so tly, blood warme, but dr nke none of it, this medicine will not continue good about sourceen daies, therefore you must make it fresh as occasion serves, you must take it morning and even-ning.

A medicine for the mother in a womans fide that ryfeth.

Take Aqua-composita, and beate bay berries in powder, and put it into the aqua-composita, and put a spooneful



and Gentlewomen. 167
spoonful or two in a draught of beere or ale, and so drinke it.

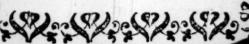
A medicine for the priking of anedle, or thorne in the loyus.

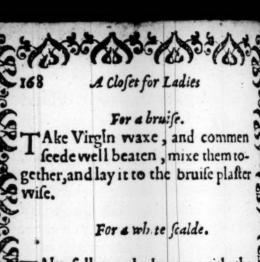
Take faire boulted flower of wheate, and temper it with wine, white or redde, and a little oyle offue and a few rose leaves, and seeth them together till it be plaister thicke, and lay it to to hotte as you can suffer, It will draw foorth the nedle, and ease the Ache.

A medicine for a Canker that eateth mans flesh.

Take wheate branne of the smalleft powder, the juyce of smallege, the juyce of woodbine, and burnt allam, beate into powder, and a little hony, mingle all these together and make a plaister of it, and lay it to the sore, and it shall destroy the Canker.

For





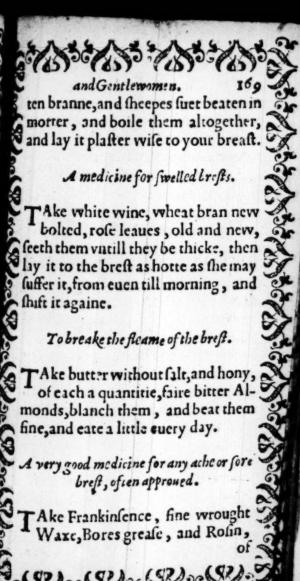
Take faller oyle beaten with the whites of egges till they be thorowly wrought together, cut away the heare, and so annoynt the head and lay a bladder upon it.

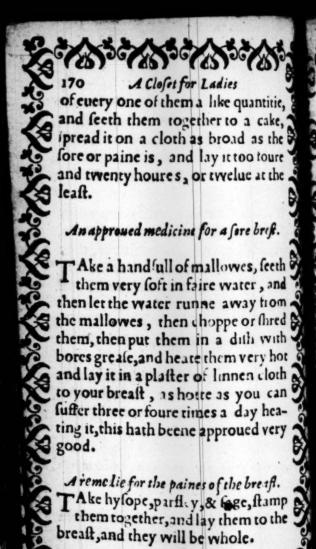
A medicine against all stiches.

TAke linfeede and boyle it in newe milke, and make a plaster thereof and lay it to the place grieued.

A medic ne for a fore breaft.

Take groundfill and chop it small, the grounds of small beere, wheaten







Another for the floping of the breaft.

Take Rewe, and seeth it with allegant, and drinke it three or soure times.

A medicine for the bloody flixe.

Take as much fine linnen cloth, as wil make a suppositary, being rapped together button wise, then wet the same in the best aqua vitæ, or aqua composita, and let the partie greeued conuey the same into his sundament, and it wil helpe them by the grace of God, within three or source dressings, this is approued, and hath holppen many that have beene brought low and thought past cure.

Doctor Smithes medicine for the collicke and flone.

Take posset ale made of Rennish wine, boyle Camamill, running time, parcelle, pellutorie of the wall,

Conclination of the

with a good spoonefull of commen seedes, till the thrid part and more be consumed, then strain them with ser sufficient, drinke a good draught warme, and yse it as occasion serueth.

A medicine for the Chin-coffe for a child.

Take boares greafe, and warme the foules of the feete to the fire, and chafe them with that, and go to bed and keepe it warme, and lappe cloths to it.

Toffaya Laxe.

TAke halfe a quarter of a pound of almonds, and parch the vpon two new tiles, beste them in a morter, and take a quarte of faire water, and fet it on the fire, and put halfe a handfull of knot-graffe, and halfe a handfull of plantine leaues, and let them feeth a good while, then take the water,

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water, and straine the foresaid almonds therewith, and make an almond milke thereof, & put in a peece of suger then take date stones, and beate them to pouder, as small as may be, and put some of that pouder into the almond milke, so drinke it luke warme.

An excellent medicine for a child that cannot part with his water, or vrine.

Take three or foure hive bees, kill them, then drie them vpon hot flat, being thorough drie, bruse them to small pouder, then put the pouder into a quarte of small ale, & give the sicke to drinke, and he shall have present remedie.

A medicine for the paine of swelling in the stomacke.

TAke a good quantitie of rolemary, flowers, boyle them in whit wine, and



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and as hot as may be tuffered, applie it to the flomacke.

An approved medicine for the spleene.

Take a quarte of claret wine, a pint of oyle of oliffe, two good handfulls ot camamill being shred small and boyle the veine and camamill together from a quarte to a pinte, and annoynt the hardness of the spleene, morning and evening thereveith, and it will dissolve.

A medicine for a fellon or andcome.

Take Rustie bacon, and Colewort leaves stamp them together, then takes prece of dogges leather, being pricked full of holes, and spread it vpon the lether, laying it to the soare twice a day, and when it beginneth to heale, but once a day.

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A medicine for the yech of the body.

Take sweete butter, vowrought waxe, vineger, brimstone, a little Rose water, red cloues hole, boyle them together, till they be like a salue, then annoynt the sless, three sundry nights by the are therewith, and no more.

A medicine for the Canker in the body.

Take bollarmoniacke, roch allom, and hony, then beate them to pouder, take twife as much of the allom, as of the bollarmoniacke, and stirre them together, till they come to a falue, and so annoynt the soare.

A medicine for the heate or ashe in the body, or legges or else where.

Take red docke rootes, and take out the ouer pith and feeth them

in running water, then draw the water from them, and beate it with thick creame, and so annoynt the place that is greeued, or with a cloth dipped in the same, and layd ouer the place.

A medicine good to clense the body.

Take bawme and lay it in white wine, till it be well steeped, and then distill it, the water thereof is good for any disease that is in the body, but you must distill the wine and all together, drinking a spoonefull or two in the morning, prooued.

Take veruon, and dry it vpon a tile, and make pouder thereof, & make cleane the foare with a linnen cloth, and fill the hole full of the pouder.

A remedie for one that vometeth to much.

Take coliander feedes, fine beaten in powder and drink it with minte water.

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To make a scare cloth for all manner of aches.

Take a pound of vnwrought waxe, halfe a pound of rosin, two ounces of frankinsence, a pounde and halfe of sheepes suer and boyle them altogether, and straine them in a faire bason, and then put them in a chasin-dish of coales, and dip a lynnen cloth therein, and so lay it to the soare.

A medicine for a ring worms or Tetter.

Take red docke rootes, and flitte them, and lay them in vineger, and so wash the ring worme or tetter.

A medicine for the flich.

Take wheat flower, & bake a cake and cut it in the midft, then strike the dowe sides all out with tarre, Management



and lay it to the patient as hotte as may be, you must lay the one halfe of the cake to the one side of the patier,

the other halfe to the other fide.

A Poulis for all manner of fwelling.

Take a lapfull of wilde Mallowes, and feeth them in running water till they be tender, and then fwing them, and choppe them small, then take a penyworth of sweet butter, and the crummes of white bread, and put the mallowes and all into a quart of milke, and seeth it till it be thicke, and stirre it well, then lay it to the griefe as warme as can be suffered.

Take musterd seeds and put it into figs, and seeth it in ale & drinke it.

Take Rofin and beate it very fine, and put into fallet oyle and white wine

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wine and drinke it, and it will doe
you good.

A medicine for the bloodie flixe.

Take the pilles of Pomegranut, beate them, and drinke them with redde wine, Morning and Euening blood warme, and heat a bricke red hotte, and lay it under a close stoole, and cast rosemary and malmesey on it, and let the patient sit ouer it.

A very good medicine for the Piles.

Take the hard rowe of redde herring, and rost it hard, then take the seedes of nettles, and beat them together small, then beate them with barrowes greace, and boyle them together, and anoynt the piles therewith, then take a chasindish of coales, and set it vnder a close stoole, and cast a little Frankinsence thereon, and let the patient sit ouer it when they bee

A Closet for Ladies 180 anounted with the forefaid ointmen A medicine for a burne.

TAke oyle of Roles and womans milke, and put it into the open place, and it will heale it.

Another for the fame.

Ake a linnen cloth cleane washt, and burne it, and make a powder thereof, and take the oyle of egges, and anoint the fore, then ftraw the powder thereon.

A medicine for the dropfic. Ake Annyfeeds, cotiander feeds, spignard of spaine, vie this in your meate and drinke eight dayes together, and it will doe you good.

A medicine to drie a fore. Ake a pot of smiths water, a quarterne of roch Allom, halfe a pinte

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of oyle of oliues, and put thereto a
handfull of fage and boyle them together till they be halfe confumed,
then vie it to the foare, and it will
drie it.

A medicine for an ache that commeth
against raigne.

TAke the hornes of a stag, cut them in small peeces, and boyle them in water, till it bee consumed from a gallon to a quart, then poure the water from the bones, and it will gellie when it is cold, and therewith annoynt the greened place against the fire, enening and morning.

A medicine for a burne or scald

TAke mallowes & smaleg, and seeth them in water, & whe they be tender, take them forth, & wring out the water cleane, chop them small and see them on a chasindish of coales & put

Cocker Cocker

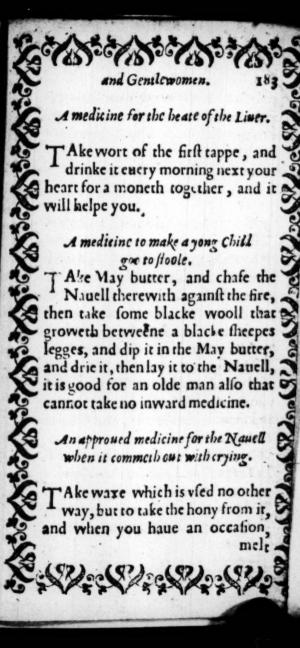
to it a little theepes suet, and make of it a salue, and lay it to the fore place thicke, and lay a cloth vpon it, and tyeito.

A Salue for any olde forc.

Take the inner rind of an oake that is not very olde, and burne it to a coale, then quench it and make thereof a powder, and temper it with the yolke of an egge, and make thereof a falue.

To make a drinke for a burning Ague.

Take a quart of running water, and halfe a pint of vineger, halfe a quarter of a pinte of Rose water, a quarter of a pound of Suger, and one sticke of Cynamond, and boyle them all together, let it coole, and give the sicke to drinke.



melt some of the waxe in a Saucer, and dippe blacke wooll in it, and lay it to the Nauell, and it will helpe it.

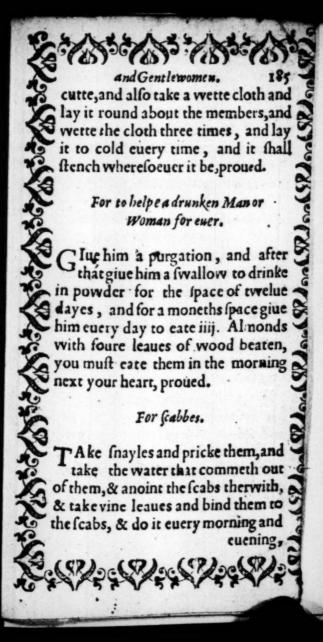
> A medicine for the swelling of a Childs coddes.

TAke redde role leaves, and bray them, and boyle them in red wine an houre, then wette a cloth in it, and lay it to the childs nauell, as hotte as you can suffer it.

A medicine to fraunch the flixe.

Take a faucer full of the juyce of Milfoyle, & as much of the juyce of plantine, and wheate flower, and temper it with the juyce of the herbs and so make a cake of it, and bake it and eate it hotte.

For to flaunch blood at the nose, or at a reyne that is cutte, proued. Take feathers burned to powder, and lay it vpon the vayne that is cutte,





Todrie Scabbes.

Take gumme-arabecke and put it in role water till it be consumed, and wash them therewith, proued.

For the paljey or Shaking in the hands.

TAke Sell and Eysiil, & seeth them together, and wath thy handes therewith, and eat sage with musterd fasting.

Torestore a man to nature that is in a consumption.

Take the oldest Cocke you can get, scald him and draw him, and cut him all in pieces in a glassen pot, and stoppe him as fast as you can, and put amongst these pieces cloues, mace, small reasons, and salt, & then put this glasse into a great potte, and let all these seeth together till they be a gelly, and then straine it into a cleane

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cleane veffell, and give it to the ficke
first and last, blood warme.

To restore the braine.

Take powder of Bittany, and vseit in your pottage, it will restore the braine and destroy the stone.

For a perrilous Cough.

Take Sage, Rue, and Commin, and stampe them with pepper, seeth them together with hony, and there-of make an electuary, and vse thereof a spoonefull Euening and Morning, and by the helpe of God it shall doe you good.

For them that cannot fee, and have red eyes.

Take white vineger, and rob vpon a whethone in a faire balon, and take as much falt as powder, and grinde them well together in a balon,

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A Clofer for Ladie: 188 and temper them with wine, and let it stand a day and a night, and put it in a violl of glasse, you must take the thinness that standeth aboue in the bason, and put in your glasse, and when the patient goeth to bed, take a fether and wet therein, and anoint your eyes.

To annoynt the face and to make it white.

Take fresh Bacon grease, and the whites of egges, and stampe them together, and a little powder of bayes and annoynt your face therwith, and it will make it white.

For a fayre face, proued another way.

Take Plantane and white vineger, and fall them together, and wash one face therewith fifteene dayes, orning and evening, and after this, leinke a draught of vineger in the torang open in three dayes.

To

To make the face white and faire.

The Rosemary and boyle it in white wine, and wash thy face a therewith, and you shall be faire, then take Erigan, and stampe it, and take

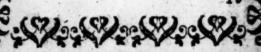
To belpe the face wish red pimples.

the inyce thereof, and put it all together, & wash thy face therwith, prob.

Take Bay berries and plucke off the huskes and make fine powder thereof, and temper it with hony, and annoynt thy face therewith fixe times, and it will helpe you.

To draw broken bones foorth of the bead.

T Ake Bittany, Verueine, and Rue, and stampe themall rogether very small, and put thereto Rye meale, or wheate, and the white of an egge, and make a plaster and lay it to the head.





Poyacuch ones chief.

Ake the roots of Louege, washit deane, and stampe it, and temper a such water, and drinke a good draught of it five nights together, and drinke not in two houres after it.

Take Somhernwood, and temper it with Wine, and let the discased drinke thereof in the morning, and shen he goeth to bedde.

For a woman that hath too much

Take the foote of a hare, and burne into powder, and drinke thereof with red wine, and Cynamond first and last nine dayes, and it will helpe

FINIS.

